

**Accomack County Airport KMFV**

| <b>Frequency</b> | <b>Usage</b>                  |
|------------------|-------------------------------|
| 122.8000         | UNICOM                        |
| 118.1750         | WX AWOS-3                     |
| 127.9500         | NHK App/Dep                   |
| 314.0000         | NHK App/Dep                   |
| 127.2000         | PCT App/Dep (When NHK Closed) |
| 281.4750         | PCT App/Dep (When NHK Closed) |

**Allan Perkinson/Blackstone Army Air Field KBKT (Chart)**

| <b>Frequency</b> | <b>Usage</b>  |
|------------------|---------------|
| 134.7000         | Tower         |
| 292.7000         | Tower         |
| 127.6250         | Ground        |
| 34.1000          | Range Control |
| 36.1000          | Range Control |
| 119.2250         | ATIS          |
| 118.7500         | ZDC App/Dep   |
| 377.1000         | ZDC App/Dep   |

**Bath Community Hospital Heliport 47VG**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 123.0000         | UNICOM (Air Medical Only) |

**Bigler Airfield Airport VG65**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
|------------------|--------------|

|          |        |
|----------|--------|
| 122.9000 | UNICOM |
|----------|--------|

### Bill Davenport Memorial Airport 3VA4

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### Blue Ridge Airport KMTV

| Frequency | Usage          |
|-----------|----------------|
| 122.7000  | UNICOM         |
| 122.7000  | FBO Blue Ridge |
| 124.8500  | Clearance      |
| 118.4500  | WX AWOS-3      |
| 124.3500  | GSO App/Dep    |
| 269.2250  | GSO App/Dep    |

### Bon Secours St. Francis Medical Center Heliport VG68

| Frequency | Usage                     |
|-----------|---------------------------|
| 122.9000  | UNICOM (Air Medical Only) |

### Bridgewater Air Park KVBW

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 119.5500  | WX AWOS-3   |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

### Brookneal/Campbell County Airport 0V4

| Frequency | Usage  |
|-----------|--------|
| 122.7000  | UNICOM |

|          |               |
|----------|---------------|
| 120.5750 | WX AWOS-3     |
| 125.4750 | ROA App/Dep E |
| 135.0000 | ROA App/Dep W |
| 254.3250 | ROA App/Dep   |

### **Brunswick County Airport KLVV**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 119.6250         | WX AWOS-3    |
| 118.7500         | ZDC App/Dep  |
| 377.1000         | ZDC App/Dep  |

### **Bundoran Airport VA18**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |

### **Catawba Valley Airport VA10**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Campbell Field Airport 9VG**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Charlottesville-Albemarle Airport KCHO**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 124.5000         | Tower        |
| 338.2750         | Tower        |
| 122.9500         | UNICOM       |

|          |                        |
|----------|------------------------|
| 121.9000 | Ground                 |
| 338.2750 | Ground                 |
| 129.6250 | FBO Signature Aviation |
| 118.4250 | ATIS                   |
| 120.5250 | PCT App/Dep            |
| 132.8500 | PCT App/Dep            |
| 323.1250 | PCT App/Dep            |

### Chase City Municipal Airport KCXE

| Frequency | Usage       |
|-----------|-------------|
| 122.9000  | UNICOM      |
| 121.2250  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

### Chesapeake Regional Airport KCPK

| Frequency | Usage                         |
|-----------|-------------------------------|
| 123.0750  | UNICOM                        |
| 123.6750  | WX AWOS-3                     |
| 123.0750  | FBO Horizon Aviation Services |
| 135.0750  | ORF GCO                       |
| 118.9000  | ORF App/Dep                   |
| 125.2000  | ORF App/Dep                   |
| 353.7000  | ORF App/Dep                   |

### Coastal Seaplanes Downtown Seaplane Base VA26

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### **Coastal Seaplanes Yorktown Seaplane Base VA34**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **COMLANTFLT Heliport KNCL**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 126.2000         | UNICOM       |

### **Coopers Mountain Heliport 77VA**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Crewe Municipal Airport W81**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 119.0500         | WX AWOS-3    |
| 118.7500         | ZDC App/Dep  |
| 377.1000         | ZDC App/Dep  |

### **Culpeper Regional Airport KCJR**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0750         | UNICOM       |
| 121.6000         | Clearance    |
| 119.3250         | WX AWOS-3    |
| 128.5250         | PCT App/Dep  |
| 306.9250         | PCT App/Dep  |

### **Dahlgren Naval Support Field Airport KNDY**

| Frequency | Usage  |
|-----------|--------|
| 126.2000  | UNICOM |

### Danville Regional Airport KDAN

| Frequency | Usage           |
|-----------|-----------------|
| 123.0500  | UNICOM          |
| 123.0500  | FBO AU Aviation |
| 128.1250  | WX ASOS         |
| 124.0500  | ZDC App/Dep     |
| 352.0000  | ZDC App/Dep     |

### Davison Army Air Field KDAA (Chart)

| Frequency | Usage        |
|-----------|--------------|
| 124.2750  | Tower        |
| 229.4000  | Tower        |
| 241.0000  | Tower        |
| 121.9000  | Ground       |
| 351.8000  | Ground       |
| 52.7500   | VArNG Ops    |
| 34.1000   | Ops          |
| 139.4000  | Base Ops/PTD |
| 351.8000  | Clearance    |
| 128.1750  | ATIS         |
| 118.8500  | ASR/PAR      |
| 119.9500  | ASR/PAR      |
| 248.5000  | ASR/PAR      |
| 265.6000  | ASR/PAR      |
| 118.9500  | PCT App/Dep  |
| 124.7000  | PCT App/Dep  |

|          |             |
|----------|-------------|
| 257.2000 | PCT App/Dep |
| 338.2000 | PCT App/Dep |

### **Dogwood Airpark Airport VA42**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7250         | UNICOM       |

### **Doves Nest Field Airport VA89**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Eagle's Nest Airport W13**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0500         | UNICOM       |
| 118.6250         | WX AWOS-3PT  |
| 132.8500         | PCT App/Dep  |
| 323.1250         | PCT App/Dep  |

### **Emporia-Greenville Regional Airport KEMV**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0000         | UNICOM       |
| 124.1750         | WX AWOS-3    |
| 122.4000         | ZDC FSS      |
| 132.0250         | ZDC App/Dep  |
| 290.4250         | ZDC App/Dep  |

### **Faber Airport VA96**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7000         | UNICOM       |

### Falwell Airport W24

| Frequency | Usage         |
|-----------|---------------|
| 123.0000  | UNICOM        |
| 125.4750  | ROA App/Dep E |
| 135.0000  | ROA App/Dep W |
| 254.3250  | ROA App/Dep   |

### Farmville Regional Airport KFBX

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 132.7250  | WX AWOS-3   |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

### Felker Army Air Field KFAF (Chart)

| Frequency | Usage       |
|-----------|-------------|
| 126.3000  | Tower       |
| 269.2500  | Tower       |
| 121.3500  | Ground      |
| 229.4000  | Ground      |
| 38.7000   | Ops         |
| 40.3500   | Ops         |
| 142.2000  | Ops         |
| 255.7000  | Ops         |
| 38.4000   | Advisory    |
| 134.1000  | Base Ops    |
| 134.1000  | PMSV METRO  |
| 125.7000  | ORF App/Dep |



|          |             |
|----------|-------------|
| 335.6250 | ORF App/Dep |
|----------|-------------|

### **Fentress Naval Auxilliary Landing Field KNFE**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.9000         | NTU App/Dep  |
| 266.8000         | NTU App/Dep  |

### **Fort Belvoir Community Hospital Heliport VG93**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 122.9000         | UNICOM (Air Medical Only) |

### **Fort Gregg-Adams Army Heliport VA39**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 126.2000         | UNICOM       |
| 126.7500         | App/Dep      |
| 307.2000         | App/Dep      |

### **Franklin Regional Airport KFKN**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 124.6750         | WX AWOS-3PT  |
| 127.9000         | ORF App/Dep  |
| 269.4250         | ORF App/Dep  |

### **Front Royal-Warren County Airport KFRR**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0000         | UNICOM       |
| 121.8500         | WX AWOS-3    |
| 120.4500         | PCT App/Dep  |

### **Gordonsville Municipal Airport KGVE**

| <b>Frequency</b> | <b>Usage</b>           |
|------------------|------------------------|
| 123.0000         | UNICOM                 |
| 120.2250         | WX AWOS-3              |
| 122.1000         | JYO App/Dep (Receive)  |
| 115.6000         | JYO App/Dep (Transmit) |
| 132.8500         | PCT App/Dep            |
| 323.1250         | PCT App/Dep            |

### **Grasso Salvage Airport 62VA**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |

### **Hampton Roads Executive Airport KPVG**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7250         | UNICOM       |
| 118.3750         | WX AWOS-3PT  |
| 118.9000         | ORF App/Dep  |
| 125.2000         | ORF App/Dep  |
| 353.7000         | ORF App/Dep  |

### **Hanover County Municipal Airport KOFP**

| <b>Frequency</b> | <b>Usage</b>             |
|------------------|--------------------------|
| 122.7000         | UNICOM                   |
| 122.7000         | FBO HOVA Flight Services |
| 125.4000         | Clearance                |
| 119.0250         | WX ASOS                  |
| 118.2000         | PCT App/Dep              |

|          |                 |
|----------|-----------------|
| 307.2000 | PCT App/Dep     |
| 126.4000 | PCT App/Dep N-S |
| 126.7500 | PCT App/Dep S-N |

### **Hummel Field Airport W75**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0000         | UNICOM       |
| 118.4500         | WX AWOS-3    |
| 126.0500         | ORF App/Dep  |
| 370.9250         | ORF App/Dep  |

### **Ingalls Field Airport KHSP**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0000         | UNICOM       |
| 118.8000         | WX AWOS-3    |
| 134.4000         | ZDC App/Dep  |
| 353.9000         | ZDC App/Dep  |

### **Inova Fairfax Hospital Heliport 72VA**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 123.0500         | UNICOM (Air Medical Only) |

### **Inova Loudoun Hospital Heliport 34VA**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 122.8000         | UNICOM (Air Medical Only) |

### **Joint Base Langley-Eustis KLF1 (Chart)**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 125.0000         | Tower        |

|          |                       |
|----------|-----------------------|
| 236.6000 | Tower                 |
| 253.5000 | Tower                 |
| 121.7000 | Ground                |
| 275.8000 | Ground                |
| 253.2000 | Big Eye Blue Discrete |
| 351.0000 | Bull Operations       |
| 335.9500 | Darkstar E3B Discrete |
| 357.1000 | Iron Operations       |
| 123.3750 | NASA Ops              |
| 310.4000 | NASA Ops              |
| 376.2000 | PTD                   |
| 287.4500 | Raymond 16            |
| 384.7000 | SOF                   |
| 239.8000 | PMSV METRO            |
| 271.8000 | Weather               |
| 317.8000 | 1st FW A2A            |
| 319.3250 | 1st FW A2A            |
| 225.6500 | 1st FW A2A            |
| 228.1750 | 1st FW A2A            |
| 228.4500 | 1st FW A2A            |
| 233.5250 | 1st FW A2A            |
| 236.0250 | 1st FW A2A            |
| 238.8250 | 1st FW A2A            |
| 252.7750 | 1st FW A2A            |
| 254.2000 | 1st FW A2A            |
| 257.0750 | 1st FW A2A            |
| 262.0250 | 1st FW A2A            |
| 276.6750 | 1st FW A2A            |
| 285.1500 | 1st FW A2A            |

|          |                     |
|----------|---------------------|
| 296.2000 | 1st FW A2A          |
| 315.8500 | 1st FW A2A          |
| 358.8500 | 1st FW A2A          |
| 359.2250 | 1st FW A2A          |
| 360.1500 | 1st FW A2A          |
| 363.9000 | 1st FW A2A          |
| 381.1000 | 1st FW A2A          |
| 381.8000 | 1st FW A2A          |
| 383.9000 | 1st FW A2A          |
| 389.1000 | 1st FW A2A          |
| 251.2500 | 1st FW Command Post |
| 344.8000 | 1st FW Command Post |
| 141.7500 | 1st FW Dispatch     |
| 142.3000 | 1st FW PTD          |
| 383.2000 | 1st FW SOF          |
| 364.1250 | 1st FW SPAD Ops     |
| 341.8000 | 1st FW/27th FS Ops  |
| 118.8500 | Clearance           |
| 257.6250 | Clearance           |
| 270.1000 | ATIS                |
| 120.3000 | Radar               |
| 127.6000 | Radar               |
| 284.0000 | Radar               |
| 295.7000 | Radar               |
| 390.8000 | Radar               |
| 122.9000 | Approach            |
| 395.0000 | Approach            |
| 271.3000 | Departure           |
| 335.6250 | ORF App/Dep         |

|          |                   |
|----------|-------------------|
| 126.0500 | ORF App/Dep NE-E  |
| 124.9000 | ORF App/Dep NW-NE |
| 125.7000 | ORF App/Dep NW-NE |
| 127.9000 | ORF App/Dep S-NW  |
| 269.4250 | ORF App/Dep S-NW  |

### **Kinman Airport 3VG5**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Lake Anna Airport 7W4**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |
| 120.7750         | WX AWOS-3    |
| 126.7500         | PCT App/Dep  |
| 307.2000         | PCT App/Dep  |

### **Lake County Regional Airport W63**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |
| 118.2250         | WX AWOS-3    |
| 118.7500         | ZDC App/Dep  |
| 377.1000         | ZDC App/Dep  |

### **Lee County Airport 0VG**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |
| 120.1250         | WX AWOS-3    |
| 127.5500         | ATL App/Dep  |

|          |             |
|----------|-------------|
| 269.5000 | ATL App/Dep |
|----------|-------------|

### Leesburg Executive Airport KJYO (Chart)

| Frequency | Usage                         |
|-----------|-------------------------------|
| 127.5000  | Tower (0900-1900)             |
| 122.9750  | UNICOM                        |
| 120.5000  | Ground (0900-1900)            |
| 131.2000  | FBO Kuhn Jet Center           |
| 118.5500  | Clearance (When Tower Closed) |
| 125.2250  | WX AWOS-3                     |
| 125.0500  | PCT App/Dep                   |
| 338.2500  | PCT App/Dep                   |

### Lonesome Pine Airport KLNP

| Frequency | Usage       |
|-----------|-------------|
| 123.0000  | UNICOM      |
| 118.6000  | WX AWOS-3   |
| 126.5750  | IND App/Dep |
| 257.8500  | IND App/Dep |

### Long Island Airport 7VA5

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### Lotus International Airport 8VA4

| Frequency | Usage  |
|-----------|--------|
| 122.7000  | UNICOM |

### Louisa County Airport/Freeman Field KLUK

| Frequency | Usage       |
|-----------|-------------|
| 122.9750  | UNICOM      |
| 119.4750  | WX AWOS-3   |
| 120.5250  | PCT App/Dep |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

### Lunenburg County Airport W31

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 123.8750  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

### Luray Caverns Airport KLUA

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.2750  | WX AWOS-3   |
| 133.2000  | ZDC App/Dep |
| 282.2000  | ZDC App/Dep |

### Lynchburg Regional Airport/Preston Glenn Field KLYH (Chart)

| Frequency | Usage                |
|-----------|----------------------|
| 127.6500  | Tower (0630-2230)    |
| 257.8000  | Tower (0630-2230)    |
| 122.9500  | UNICOM               |
| 121.9000  | Ground (0630-2230)   |
| 122.9500  | FBO Freedom Aviation |
| 119.8000  | ATIS                 |



|          |               |
|----------|---------------|
| 125.4750 | ROA App/Dep E |
| 135.0000 | ROA App/Dep W |
| 254.3250 | ROA App/Dep   |

### **Mary Walker Landing Zone Airport KAPH (US Army)**

| <b>Frequency</b> | <b>Usage</b>            |
|------------------|-------------------------|
| 126.2000         | UNICOM "Nomad Advisory" |
| 241.0000         | UNICOM "Nomad Advisory" |
| 126.7500         | PCT App/Dep             |
| 307.2000         | PCT App/Dep             |

### **Mary Washington Hospital Heliport 6VA7**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 122.9000         | UNICOM (Air Medical Only) |

### **McLaughlin Seaplane Base 2G6**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Mecklenburg-Brunswick Regional Airport KAVC**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 127.5250         | WX AWOS-3    |
| 118.7500         | ZDC App/Dep  |
| 377.1000         | ZDC App/Dep  |

### **Micro Airport 1VA1**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8500         | UNICOM       |

|          |             |
|----------|-------------|
| 126.0000 | ROA App/Dep |
| 339.8000 | ROA App/Dep |

### **Middle Peninsula Regional Airport KFYJ**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0000         | UNICOM       |
| 132.8250         | WX AWOS-3    |
| 126.4000         | PCT App/Dep  |
| 126.7500         | PCT App/Dep  |
| 282.3750         | PCT App/Dep  |
| 307.2000         | PCT App/Dep  |

### **Mountain Empire Airport KMKJ**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7000         | UNICOM       |
| 123.8750         | WX AWOS-3    |
| 127.8500         | ATL App/Dep  |
| 269.3000         | ATL App/Dep  |

### **Naval Weapons Station Helipad KNCY**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 236.2000         | ORF Advisory |
| 344.4000         | ORF Advisory |

### **Nester Funny Farm Airport VG31**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **New Kent County Airport W96**

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.8750  | WX AWOS-3   |
| 126.4000  | PCT App/Dep |
| 282.3750  | PCT App/Dep |

### New London Airport W90

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

### New Market Airport 8W2

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.1750  | WX AWOS-3   |
| 133.2000  | ZDC App/Dep |
| 282.2000  | ZDC App/Dep |

### New River Valley Airport KPSK

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 121.7000  | Clearance   |
| 127.3750  | WX AWOS-3   |
| 126.0000  | ROA App/Dep |
| 339.8000  | ROA App/Dep |

### Newport News/Williamsburg International Airport KPHF (Chart)

| Frequency | Usage |
|-----------|-------|
|-----------|-------|

|          |                       |
|----------|-----------------------|
| 118.7000 | Tower                 |
| 257.9000 | Tower                 |
| 348.6000 | Tower                 |
| 122.9500 | UNICOM                |
| 121.9000 | Ground                |
| 345.6000 | Ground                |
| 122.9500 | FBO Atlantic Aviation |
| 122.9500 | FBO Rick Aviation     |
| 121.6500 | Clearance             |
| 225.4000 | Clearance             |
| 128.6500 | ATIS                  |
| 125.7000 | ORF Approach          |
| 124.9000 | ORF Departure         |
| 335.6250 | ORF App/Dep           |

### Norfolk International Airport KORF (Chart)

| Frequency | Usage                  |
|-----------|------------------------|
| 120.8000  | Tower                  |
| 257.8000  | Tower                  |
| 121.9000  | Ground                 |
| 130.5750  | FBO Signature Aviation |
| 130.4750  | Southwestern Airlines  |
| 118.5000  | Clearance              |
| 127.1500  | ATIS                   |
| 119.6000  | Radar                  |
| 124.8250  | Radar                  |
| 266.8000  | Radar                  |
| 288.3000  | Radar                  |
| 126.0500  | App/Dep                |

|          |           |
|----------|-----------|
| 127.9000 | App/Dep   |
| 360.6000 | App/Dep   |
| 370.9250 | App/Dep   |
| 118.9000 | Approach  |
| 335.6250 | Approach  |
| 353.7000 | Approach  |
| 125.2000 | Departure |
| 363.1250 | Departure |
| 379.1000 | Departure |

### Norfolk Naval Station KNGU (Chart)

| Frequency | Usage                     |
|-----------|---------------------------|
| 124.3000  | Tower                     |
| 126.3750  | Tower                     |
| 290.5000  | Tower                     |
| 379.1500  | Tower                     |
| 279.6000  | Helicopter Tower          |
| 297.5000  | Helicopter Tower          |
| 121.8000  | Ground                    |
| 298.9500  | Ground                    |
| 370.8500  | Ground                    |
| 298.9500  | Helicopter Ground         |
| 130.6500  | AMC/ATOC                  |
| 349.5000  | AMC/ATOC                  |
| 126.2000  | Base Ops                  |
| 131.5250  | Base Ops                  |
| 268.8000  | Base Ops/VIP Notification |
| 271.6000  | PMSV METRO                |
| 120.7000  | Clearance                 |

|          |                    |
|----------|--------------------|
| 339.8000 | Clearance          |
| 118.4250 | ATIS               |
| 338.2250 | ATIS               |
| 118.9000 | ORF Approach NE-NW |
| 273.4750 | ORF Approach NE-NW |
| 125.7000 | ORF App/Dep NW-NE  |
| 335.6250 | ORF App/Dep NW-NE  |
| 363.1250 | ORF Departure      |
| 119.2000 | Radar              |
| 120.2000 | Radar              |
| 134.1000 | Radar              |
| 263.6000 | Radar              |
| 279.5250 | Radar              |
| 302.0000 | Radar              |
| 309.2000 | Radar              |
| 322.5250 | Radar              |
| 335.8000 | Radar              |
| 346.8000 | Radar              |

### Oceana Naval Air Station KNTU (Chart)

| Frequency | Usage      |
|-----------|------------|
| 127.0750  | Tower      |
| 340.2000  | Tower      |
| 360.2000  | Tower      |
| 119.6000  | Ground     |
| 336.4000  | Ground     |
| 284.9000  | Base Ops   |
| 289.4000  | Base Ops   |
| 387.4000  | PMSV METRO |

|          |           |
|----------|-----------|
| 254.4000 | Clearance |
| 317.6000 | ATIS      |
| 288.3000 | SFA       |
| 328.4000 | SFA       |
| 346.4000 | SFA       |
| 348.7500 | SFA       |
| 352.1000 | SFA       |
| 363.1000 | SFA       |
| 123.9000 | App/Dep   |
| 266.8000 | App/Dep   |

### Old South Aerodrome Airport 32VA

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

### Orange County Airport KOMH

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.0750  | WX AWOS-3   |
| 120.5250  | PCT App/Dep |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

### Painter Field Airport VA20

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

### Plainview Airport VA94

| Frequency | Usage |
|-----------|-------|
|-----------|-------|

|          |        |
|----------|--------|
| 122.8000 | UNICOM |
|----------|--------|

### Quantico Marine Corps Air Field KNYG (Chart)

| Frequency | Usage                                                    |
|-----------|----------------------------------------------------------|
| 118.6000  | Tower                                                    |
| 360.2000  | Tower                                                    |
| 121.7500  | Ground                                                   |
| 340.2000  | Ground                                                   |
| 318.9000  | HMX-1 Ch. 01 Base                                        |
| 340.1000  | HMX-1 Ch. 02 MCB Quantico Ground                         |
| 127.0500  | HMX-1 Ch. 03 MCB Quantico Approach                       |
| 360.2000  | HMX-1 Ch. 04 MCB Quantico Tower                          |
| 229.4000  | HMX-1 Ch. 05 Reagan National Airport                     |
| 257.6000  | HMX-1 Ch. 06 Reagan National Airport                     |
| 349.0000  | HMX-1 Ch. 07 Andrews Air Force Base Tower                |
| 275.8000  | HMX-1 Ch. 08 Andrews Air Force Base Ground               |
| 231.3000  | HMX-1 Ch. 09 Pentagon Army Heliport Tower                |
| 375.0000  | HMX-1 Ch. 10 Navy Heliport Anacostia                     |
| 344.6000  | HMX-1 Ch. 11 Andrews Air Force Base Metro                |
| 335.5000  | HMX-1 Ch. 12 Andrews Air Force Base Radar                |
| 378.1000  | HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post |
| 267.6000  | HMX-1 Ch. 14 National Naval Medical Center (Bethesda)    |
| 277.1750  | HMX-1 Ch. 15 Control                                     |
| 273.9500  | HMX-1 Ch. 16 Outside Beltway                             |
| 348.6000  | HMX-1 Ch. 17 Dulles International Airport Tower          |
| 290.4750  | HMX-1 Ch. 18 Potomac TRACON Approach (BWI)               |
| 257.8000  | HMX-1 Ch. 19 KBWI Tower                                  |
| 268.0000  | HMX-1 Ch. 20 White House                                 |
| 305.8000  | HMX-1 Ch. 21 Sikorsky Heliport                           |



|          |                                                 |
|----------|-------------------------------------------------|
| 381.8000 | HMX-1 Ch. 22 Coast Guard Air Station New York   |
| 241.0000 | HMX-1 Ch. 23 FEMA Mount Weather                 |
| 236.3000 | HMX-1 Ch. 24 Royal Flush                        |
| 290.3750 | HMX-1 Ch. 25 MCB Quantico Approach              |
| 118.6000 | HMX-1 Ch. 26 MCB Quantico Tower                 |
| 126.3000 | HMX-1 Ch. 27 Reagan National Airport Tower      |
| 134.3500 | HMX-1 Ch. 28 Reagan National Airport Tower      |
| 118.4000 | HMX-1 Ch. 29 Andrews Air Force Base Tower       |
| 121.8000 | HMX-1 Ch. 30 Andrews Air Force Base Ground      |
| 119.3000 | HMX-1 Ch. 31 Potomac TRACON ADWAR sector (KDCA) |
| 143.1000 | HMX-1 Ch. 32 Pentagon Army Heliport Tower       |
| 119.1000 | HMX-1 Ch. 33 Reagan National Airport Tower      |
| 132.6500 | HMX-1 Ch. 34 Reagan National Airport ATIS       |
| 142.7500 | HMX-1 Ch. 35 Nighthawk                          |
| 120.1000 | HMX-1 Ch. 36 Dulles International Airport Tower |
| 119.7000 | HMX-1 Ch. 37 Potomac TRACON Approach (KBWI)     |
| 123.0500 | HMX-1 Ch. 38 Washington Hospital Center MedSTAR |
| 126.2000 | HMX-1 Ch. 39 FEMA Mount Weather                 |
| 263.1500 | HMX-1 Ch. 40 MCB Quantico ATIS                  |
| 30.1500  | HMX-1 Ch. 41 Base                               |
| 41.9500  | HMX-1 Ch. 42 MCB Quantico Tower                 |
| 34.3500  | HMX-1 Ch. 43 Navy Heliport Anacostia            |
| 38.7000  | HMX-1 Ch. 44 MCB Quantico Range Control         |
| 41.0000  | HMX-1 Ch. 45 Walter Reed Army Medical Center    |
| 41.1000  | HMX-1 Ch. 46 Sikorsky Heliport                  |
| 40.1000  | A2A                                             |
| 351.9500 | A2A SFA                                         |
| 353.6500 | A2A SFA                                         |
| 363.1500 | A2A SFA                                         |

|          |                           |
|----------|---------------------------|
| 120.9250 | A2A SFA                   |
| 355.3000 | Base Ops                  |
| 355.3000 | PMSV METRO                |
| 143.8250 | Discrete                  |
| 328.4000 | Range Control             |
| 263.1500 | ATIS                      |
| 127.0500 | PCT App/Dep               |
| 290.3750 | PCT App/Dep               |
| 128.5250 | App/Dep (When NYG Closed) |
| 306.9250 | App/Dep (When NYG Closed) |

### **Richmond Executive-Chesterfield County Airport KFCI**

| <b>Frequency</b> | <b>Usage</b>                  |
|------------------|-------------------------------|
| 123.0500         | UNICOM                        |
| 123.0500         | FBO Dominion Aviation Service |
| 124.6000         | Clearance                     |
| 128.6250         | WX AWOS-3PT                   |
| 118.2000         | PCT App/Dep                   |
| 126.7500         | PCT App/Dep                   |
| 288.2750         | PCT App/Dep                   |
| 307.2000         | PCT App/Dep                   |

### **Richmond International Airport KRIC (Chart)**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 121.1000         | Tower        |
| 257.8000         | Tower        |
| 122.9500         | UNICOM       |
| 121.9000         | Ground       |
| 348.6000         | Ground       |

|          |                         |
|----------|-------------------------|
| 130.3000 | FBO Million Air         |
| 131.4250 | FBO Richmond Jet Center |
| 41.5250  | ArNG Ops                |
| 142.1250 | ArNG Ops                |
| 365.9500 | ArNG Ops                |
| 127.5500 | Clearance               |
| 348.6000 | Clearance               |
| 119.1500 | ATIS                    |
| 263.0250 | ATIS                    |
| 126.4000 | PCT App/Dep N-S         |
| 282.3750 | PCT App/Dep N-S         |
| 126.7500 | PCT App/Dep S-N         |
| 307.2000 | PCT App/Dep S-N         |
| 118.2000 | PCT Approach            |
| 288.2750 | PCT Final               |

### Roanoke-Blackburg Regional Airport/Woodrum Field KROA (Chart)

| Frequency | Usage                  |
|-----------|------------------------|
| 118.3000  | Tower                  |
| 257.8000  | Tower                  |
| 122.9500  | UNICOM                 |
| 121.9000  | Ground                 |
| 257.8000  | Ground                 |
| 130.5750  | FBO Signature Aviation |
| 119.7000  | Clearance              |
| 132.3750  | ATIS                   |
| 118.1500  | App/Dep                |
| 126.9000  | App/Dep                |
| 339.8000  | App/Dep                |

### **Robbie Campbell Memorial Airfield Airport 4VG8**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Rockfish Airport VG22**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Saunders Field Airport 9VA6**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Sawyer Airport VG19**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |

### **Sentara Norfolk General Hospital Heliport VA88**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 123.0500         | UNICOM (Air Medical Only) |

### **Shannon Airport KEZF**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 128.1250         | WX AWOS-3    |
| 135.0750         | NYG GCO      |
| 127.0500         | NYG App/Dep  |
| 290.3750         | NYG App/Dep  |

|          |                               |
|----------|-------------------------------|
| 128.5250 | PCT App/Dep (When NYG Closed) |
| 306.9250 | PCT App/Dep (When NYG Closed) |

### Shenandoah Valley Regional Airport KSHD (Chart)

| Frequency | Usage              |
|-----------|--------------------|
| 123.0000  | UNICOM             |
| 118.3500  | Clearance          |
| 115.3000  | JYO GCO (Transmit) |
| 122.1000  | JYO GCO (Receive)  |
| 124.9250  | WX AWOS-3          |
| 132.8500  | PCT App/Dep        |
| 323.1250  | PCT App/Dep        |

### Slate River Airpark Airport 8VA1

| Frequency | Usage  |
|-----------|--------|
| 123.3000  | UNICOM |

### Smith Mountain Lake Airport W91

| Frequency | Usage       |
|-----------|-------------|
| 122.9750  | UNICOM      |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

### Stafford Regional Airport KRMN

| Frequency | Usage       |
|-----------|-------------|
| 122.7250  | UNICOM      |
| 126.3250  | WX AWOS-3   |
| 127.0500  | NYG App/Dep |
| 290.3750  | NYG App/Dep |

|          |                               |
|----------|-------------------------------|
| 135.0750 | NYG GCO                       |
| 128.5250 | PCT App/Dep (When NYG Closed) |
| 306.9250 | PCT App/Dep (When NYG Closed) |

### Stuart Red House Field Airport VG67

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### Suffolk Executive Airport KSFQ

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 119.3750  | WX AWOS-3   |
| 127.9000  | ORF App/Dep |
| 269.4250  | ORF App/Dep |

### Tangier Island Airport KTGI

| Frequency | Usage                         |
|-----------|-------------------------------|
| 122.8000  | UNICOM                        |
| 119.8000  | WX AWOS-3                     |
| 121.0000  | NHK App/Dep                   |
| 250.3000  | NHK App/Dep                   |
| 127.2000  | PCT App/Dep (When NHK Closed) |
| 281.4750  | PCT App/Dep (When NHK Closed) |

### Tappahannock/Essex County Airport KXSA

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 125.7750  | WX AWOS-3   |
| 126.4000  | PCT App/Dep |

|          |             |
|----------|-------------|
| 282.3750 | PCT App/Dep |
|----------|-------------|

### **Tazewell County Airport KJFZ**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0500         | UNICOM       |
| 118.0750         | WX AWOS-3    |
| 135.0750         | ATL GCO      |
| 127.8500         | ATL App/Dep  |
| 269.3000         | ATL App/Dep  |

### **Tri Cities Executive/Dinwiddie County Airport KPTB**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7000         | UNICOM       |
| 133.3250         | WX AWOS-3    |
| 135.0700         | PCT GCO      |
| 126.7500         | PCT App/Dep  |
| 307.2000         | PCT App/Dep  |

### **Twin County Airport KHLX**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 118.3750         | WX AWOS-3    |
| 126.0000         | ROA App/Dep  |
| 339.8000         | ROA App/Dep  |

### **University of Virginia Hospital Heliport 8VA5**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 123.0500         | UNICOM (Air Medical Only) |

### **Upperville Airport 2VG2**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7250         | UNICOM       |

### **VCU Health System Hospital Heliport VG45**

| <b>Frequency</b> | <b>Usage</b>              |
|------------------|---------------------------|
| 123.0750         | UNICOM (Air Medical Only) |

### **Virginia Highlands Airport KVJI**

| <b>Frequency</b> | <b>Usage</b>                  |
|------------------|-------------------------------|
| 122.8000         | UNICOM                        |
| 128.1250         | WX AWOS-3                     |
| 125.2500         | TRI App/Dep                   |
| 349.0000         | TRI App/Dep                   |
| 127.8500         | ATL App/Dep (When TRI Closed) |
| 269.3000         | ATL App/Dep (When TRI Closed) |

### **Virginia Tech/Montgomery Executive Airport KBCB**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 123.0500         | UNICOM       |
| 133.3250         | WX AWOS-3    |
| 124.8500         | Clearance    |
| 126.9000         | ROA App/Dep  |
| 339.8000         | ROA App/Dep  |

### **Wakefield Municipal Airport KAKQ**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 128.3250         | WX ASOS      |



|          |             |
|----------|-------------|
| 127.9000 | ORF App/Dep |
| 269.4250 | ORF App/Dep |

### Wallops Flight Facility Airport KVAL (Chart)

| Frequency | Usage                         |
|-----------|-------------------------------|
| 126.5000  | Tower                         |
| 306.9750  | Tower                         |
| 127.8750  | Ground                        |
| 269.3250  | Ground                        |
| 119.1750  | ASOS                          |
| 127.2000  | NHK App/Dep                   |
| 121.7000  | NHK App/Dep                   |
| 127.2000  | PCT App/Dep (When PAX Closet) |
| 281.4750  | PCT App/Dep (When PAX Closet) |

### Warrenton/Fauquier Airport KHWY

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 120.3500  | WX AWOS-3   |
| 128.5250  | PCT App/Dep |
| 306.9250  | PCT App/Dep |

### William Tuck Airport W78

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.4250  | WX AWOS-3   |
| 124.0500  | ZDC App/Dep |
| 352.0000  | ZDC App/Dep |

### **Williamsburg/Jamestown Airport KJGG**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 120.6250         | WX AWOS-3    |
| 135.0750         | ORF GCO      |
| 119.4500         | ORF App/Dep  |
| 360.6000         | ORF App/Dep  |

### **Winchester Regional Airport KOKV**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9750         | UNICOM       |
| 126.1500         | Clearance    |
| 124.8500         | WX AWOS-3    |
| 120.4500         | PCT App/Dep  |
| 306.9250         | PCT App/Dep  |

### **Woodford Airpark Airport 20VA**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |

**VHF Low Band 30-88 MHz**

| <b>Frequency</b> | <b>Usage</b>                                                    |
|------------------|-----------------------------------------------------------------|
| 30.1500          | HMX-1 Ch. 41 Base Quantico MCAF KNYG                            |
| 34.1000          | Ops Davison Army Air Field KDAA                                 |
| 34.1000          | Range Control Allan Perkinson/Blackstone Army Air Field KBKT    |
| 34.3500          | HMX-1 Ch. 43 Navy Heliport Anacostia Quantico MCAF KNYG         |
| 36.1000          | Range Control Allan Perkinson/Blackstone Army Air Field KBKT    |
| 38.4000          | Advisory Felker Army Air Field KFAF                             |
| 38.7000          | HMX-1 Ch. 44 MCB Quantico Range Control Quantico MCAF KNYG      |
| 38.7000          | Ops Felker Army Air Field KFAF                                  |
| 40.1000          | A2A Quantico MCAF KNYG                                          |
| 40.3500          | Ops Felker Army Air Field KFAF                                  |
| 41.0000          | HMX-1 Ch. 45 Walter Reed Army Medical Center Quantico MCAF KNYG |
| 41.1000          | HMX-1 Ch. 46 Sikorsky Heliport Quantico MCAF KNYG               |
| 41.5250          | ArNG Ops Richmond International Airport KRIC                    |
| 41.9500          | HMX-1 Ch. 42 MCB Quantico Tower Quantico MCAF KNYG              |
| 52.7500          | VArNG Ops Davison Army Air Field KDAA                           |

**VHF High Band 108-144/148-150.775 MHz**

| <b>Frequency</b> | <b>Usage</b>                                                  |
|------------------|---------------------------------------------------------------|
| 115.3000         | JYO GCO (Transmit) Shenandoah Valley Regional Airport KSHD    |
| 115.6000         | JYO App/Dep (Transmit) Gordonsville Municipal Airport KGVE    |
| 118.0750         | WX AWOS-3 Orange Co. Airport KOMH                             |
| 118.0750         | WX AWOS-3 Tazewell Co. Airport KJFZ                           |
| 118.1500         | App/Dep Roanoke-Blackburg Regional Airport/Woodrum Field KROA |
| 118.1750         | WX AWOS-3 Accomack Co. Airport KMFV                           |

|          |                                                               |
|----------|---------------------------------------------------------------|
| 118.1750 | WX AWOS-3 New Market Airport 8W2                              |
| 118.2000 | PCT App/Dep Hanover Co. Municipal Airport KOFP                |
| 118.2000 | PCT App/Dep Richmond Executive-Chesterfield Co. Airport KFCI  |
| 118.2000 | PCT Approach Richmond International Airport KRIC              |
| 118.2250 | WX AWOS-3 Lake Co. Regional Airport W63                       |
| 118.2750 | WX AWOS-3 Luray Caverns Airport KLUA                          |
| 118.3000 | Tower Roanoke-Blackburg Regional Airport/Woodrum Field KROA   |
| 118.3500 | Clearance Shenandoah Valley Regional Airport KSHD             |
| 118.3750 | WX AWOS-3 Twin Co. Airport KHLX                               |
| 118.3750 | WX AWOS-3PT Hampton Roads Executive Airport KPVG              |
| 118.4000 | HMX-1 Ch. 29 Andrews Air Force Base Tower Quantico MCAF KNYG  |
| 118.4250 | ATIS Charlottesville-Albemarle Airport KCHO                   |
| 118.4250 | ATIS Norfolk Naval Station KNGU                               |
| 118.4500 | WX AWOS-3 Blue Ridge Airport KMTV                             |
| 118.4500 | WX AWOS-3 Hummel Field Airport W75                            |
| 118.5000 | Clearance Norfolk International Airport KORF                  |
| 118.5500 | Clearance (When Tower Closed) Leesburg Executive Airport KJYO |
| 118.6000 | HMX-1 Ch. 26 MCB Quantico Tower Quantico MCAF KNYG            |
| 118.6000 | Tower Quantico MCAF KNYG                                      |
| 118.6000 | WX AWOS-3 Lonesome Pine Airport KLNP                          |
| 118.6250 | WX AWOS-3PT Eagle's Nest Airport W13                          |
| 118.7000 | Tower Newport News/Williamsburg International Airport KPHF    |
| 118.7500 | ZDC App/Dep Allan Perkinson/Blackstone Army Air Field KBKT    |
| 118.7500 | ZDC App/Dep Brunswick Co. Airport KLVV                        |
| 118.7500 | ZDC App/Dep Chase City Municipal Airport KCXE                 |
| 118.7500 | ZDC App/Dep Crewe Municipal Airport W81                       |
| 118.7500 | ZDC App/Dep Lake Co. Regional Airport W63                     |
| 118.7500 | ZDC App/Dep Lunenburg Co. Airport W31                         |
| 118.7500 | ZDC App/Dep Mecklenburg-Brunswick Regional Airport KAVC       |

|          |                                                                    |
|----------|--------------------------------------------------------------------|
| 118.8000 | WX AWOS-3 Ingalls Field Airport KHSP                               |
| 118.8500 | ASR/PAR Davison Army Air Field KDAA                                |
| 118.8500 | Clearance Joint Base Langley-Eustis KLFI                           |
| 118.9000 | Approach Norfolk International Airport KORF                        |
| 118.9000 | ORF App/Dep Chesapeake Regional Airport KCPK                       |
| 118.9000 | ORF App/Dep Hampton Roads Executive Airport KPVG                   |
| 118.9000 | ORF Approach NE-NW Norfolk Naval Station KNGU                      |
| 118.9500 | PCT App/Dep Davison Army Air Field KDAA                            |
| 119.0250 | WX ASOS Hanover Co. Municipal Airport KOFP                         |
| 119.0500 | WX AWOS-3 Crewe Municipal Airport W81                              |
| 119.1000 | HMX-1 Ch. 33 Reagan National Airport Tower Quantico MCAF KNYG      |
| 119.1500 | ATIS Richmond International Airport KRIC                           |
| 119.1750 | ASOS Wallops Flight Facility Airport KWAL                          |
| 119.2000 | Radar Norfolk Naval Station KNGU                                   |
| 119.2250 | ATIS Allan Perkinson/Blackstone Army Air Field KBKT                |
| 119.3000 | HMX-1 Ch. 31 Potomac TRACON ADWAR sector (KDCA) Quantico MCAF KNYG |
| 119.3250 | WX AWOS-3 Culpeper Regional Airport KCJR                           |
| 119.3750 | WX AWOS-3 Suffolk Executive Airport KSFQ                           |
| 119.4250 | WX AWOS-3 William Tuck Airport W78                                 |
| 119.4500 | ORF App/Dep Williamsburg/Jamestown Airport KJGG                    |
| 119.4750 | WX AWOS-3 Louisa Co. Airport/Freeman Field KLKU                    |
| 119.5500 | WX AWOS-3 Bridgewater Air Park KVBW                                |
| 119.6000 | Ground Oceana Naval Air Station KNTU                               |
| 119.6000 | Radar Norfolk International Airport KORF                           |
| 119.6250 | WX AWOS-3 Brunswick Co. Airport KLVL                               |
| 119.7000 | Clearance Roanoke-Blackburg Regional Airport/Woodrum Field KROA    |
| 119.7000 | HMX-1 Ch. 37 Potomac TRACON Approach (KBWI) Quantico MCAF KNYG     |
| 119.8000 | ATIS Lynchburg Regional Airport/Preston Glenn Field KLYH           |
| 119.8000 | WX AWOS-3 Tangier Island Airport KTGI                              |

|          |                                                                    |
|----------|--------------------------------------------------------------------|
| 119.8750 | WX AWOS-3 New Kent Co. Airport W96                                 |
| 119.9500 | ASR/PAR Davison Army Air Field KDAA                                |
| 120.1000 | HMX-1 Ch. 36 Dulles International Airport Tower Quantico MCAF KNYG |
| 120.1250 | WX AWOS-3 Lee Co. Airport OVG                                      |
| 120.2000 | Radar Norfolk Naval Station KNGU                                   |
| 120.2250 | WX AWOS-3 Gordonsville Municipal Airport KGVE                      |
| 120.3000 | Radar Joint Base Langley-Eustis KLF1                               |
| 120.3500 | WX AWOS-3 Warrenton/Fauquier Airport KHWY                          |
| 120.4500 | PCT App/Dep Front Royal-Warren Co. Airport KFRR                    |
| 120.4500 | PCT App/Dep Winchester Regional Airport KOKV                       |
| 120.5000 | Ground (0900-1900) Leesburg Executive Airport KJYO                 |
| 120.5250 | PCT App/Dep Charlottesville-Albemarle Airport KCHO                 |
| 120.5250 | PCT App/Dep Louisa Co. Airport/Freeman Field KLUK                  |
| 120.5250 | PCT App/Dep Orange Co. Airport KOMH                                |
| 120.5750 | WX AWOS-3 Brookneal/Campbell Co. Airport OV4                       |
| 120.6250 | WX AWOS-3 Williamsburg/Jamestown Airport KJGG                      |
| 120.7000 | Clearance Norfolk Naval Station KNGU                               |
| 120.7750 | WX AWOS-3 Lake Anna Airport 7W4                                    |
| 120.8000 | Tower Norfolk International Airport KORF                           |
| 120.9250 | A2A SFA Quantico MCAF KNYG                                         |
| 121.0000 | NHK App/Dep Tangier Island Airport KTGI                            |
| 121.1000 | Tower Richmond International Airport KRIC                          |
| 121.2250 | WX AWOS-3 Chase City Municipal Airport KCXE                        |
| 121.3500 | Ground Felker Army Air Field KFAF                                  |
| 121.6000 | Clearance Culpeper Regional Airport KCJR                           |
| 121.6500 | Clearance Newport News/Williamsburg International Airport KPHF     |
| 121.7000 | Clearance New River Valley Airport KPSK                            |
| 121.7000 | Ground Joint Base Langley-Eustis KLF1                              |
| 121.7000 | NHK App/Dep Wallops Flight Facility Airport KWAL                   |

|          |                                                                        |
|----------|------------------------------------------------------------------------|
| 121.7500 | Ground Quantico MCAF KNYG                                              |
| 121.8000 | Ground Norfolk Naval Station KNGU                                      |
| 121.8000 | HMX-1 Ch. 30 Andrews Air Force Base Ground Quantico MCAF KNYG          |
| 121.8500 | WX AWOS-3 Front Royal-Warren Co. Airport KFRR                          |
| 121.9000 | Ground (0630-2230) Lynchburg Regional Airport/Preston Glenn Field KLYH |
| 121.9000 | Ground Charlottesville-Albemarle Airport KCHO                          |
| 121.9000 | Ground Davison Army Air Field KDAA                                     |
| 121.9000 | Ground Newport News/Williamsburg International Airport KPHF            |
| 121.9000 | Ground Norfolk International Airport KORF                              |
| 121.9000 | Ground Richmond International Airport KRIC                             |
| 121.9000 | Ground Roanoke-Blackburg Regional Airport/Woodrum Field KROA           |
| 122.1000 | JYO App/Dep (Receive) Gordonsville Municipal Airport KGVE              |
| 122.1000 | JYO GCO (Receive) Shenandoah Valley Regional Airport KSHD              |
| 122.4000 | ZDC FSS Emporia-Greensville Regional Airport KEMV                      |
| 122.7000 | FBO Blue Ridge Blue Ridge Airport KMTV                                 |
| 122.7000 | FBO HOVA Flight Services Hanover Co. Municipal Airport KOFP            |
| 122.7000 | UNICOM Blue Ridge Airport KMTV                                         |
| 122.7000 | UNICOM Bridgewater Air Park KVBW                                       |
| 122.7000 | UNICOM Brookneal/Campbell Co. Airport 0V4                              |
| 122.7000 | UNICOM Faber Airport VA96                                              |
| 122.7000 | UNICOM Hanover Co. Municipal Airport KOFP                              |
| 122.7000 | UNICOM Lotus International Airport 8VA4                                |
| 122.7000 | UNICOM Lunenburg Co. Airport W31                                       |
| 122.7000 | UNICOM Mountain Empire Airport KMKJ                                    |
| 122.7000 | UNICOM New River Valley Airport KPSK                                   |
| 122.7000 | UNICOM Suffolk Executive Airport KSFQ                                  |
| 122.7000 | UNICOM Tri Cities Executive/Dinwiddie Co. Airport KPTB                 |
| 122.7000 | UNICOM Warrenton/Fauquier Airport KHWY                                 |
| 122.7250 | UNICOM Dogwood Airpark Airport VA42                                    |

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|----------|----------------------------------------------------------------|
| 122.7250 | UNICOM Hampton Roads Executive Airport KPVG                    |
| 122.7250 | UNICOM Stafford Regional Airport KRMN                          |
| 122.7250 | UNICOM Upperville Airport 2VG2                                 |
| 122.8000 | Crewe Municipal Airport W81                                    |
| 122.8000 | UNICOM (Air Medical Only) Inova Loudoun Hospital Heliport 34VA |
| 122.8000 | UNICOM Accomack Co. Airport KMFV                               |
| 122.8000 | UNICOM Brunswick Co. Airport KLVV                              |
| 122.8000 | UNICOM Bundoran Airport VA18                                   |
| 122.8000 | UNICOM Farmville Regional Airport KVVX                         |
| 122.8000 | UNICOM Franklin Regional Airport KFKN                          |
| 122.8000 | UNICOM Grasso Salvage Airport 62VA                             |
| 122.8000 | UNICOM Iainview Airport VA94                                   |
| 122.8000 | UNICOM Luray Caverns Airport KLUA                              |
| 122.8000 | UNICOM Mecklenburg-Brunswick Regional Airport KAVC             |
| 122.8000 | UNICOM New Kent Co. Airport W96                                |
| 122.8000 | UNICOM New London Airport W90                                  |
| 122.8000 | UNICOM New Market Airport 8W2                                  |
| 122.8000 | UNICOM Old South Aerodrome Airport 32VA                        |
| 122.8000 | UNICOM Orange Co. Airport KOMH                                 |
| 122.8000 | UNICOM Painter Field Airport VA20                              |
| 122.8000 | UNICOM Sawyer Airport VG19                                     |
| 122.8000 | UNICOM Shannon Airport KEZF                                    |
| 122.8000 | UNICOM Tangier Island Airport KTGI                             |
| 122.8000 | UNICOM Tappahannock/Essex Co. Airport KXSA                     |
| 122.8000 | UNICOM Twin Co. Airport KHLX                                   |
| 122.8000 | UNICOM Virginia Highlands Airport KVJI                         |
| 122.8000 | UNICOM Wakefield Municipal Airport KAKQ                        |
| 122.8000 | UNICOM William Tuck Airport W78                                |
| 122.8000 | UNICOM Williamsburg/Jamestown Airport KJGG                     |



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| 122.8000 | UNICOM Woodford Airpark Airport 20VA                                           |
| 122.8500 | UNICOM Micro Airport 1VA1                                                      |
| 122.9000 | Approach Joint Base Langley-Eustis KLF1                                        |
| 122.9000 | UNICOM (Air Medical Only) Bon Secours St. Francis Medical Center Heliport VG68 |
| 122.9000 | UNICOM (Air Medical Only) Fort Belvoir Community Hospital Heliport VG93        |
| 122.9000 | UNICOM (Air Medical Only) Mary Washington Hospital Heliport 6VA7               |
| 122.9000 | UNICOM Bigler Airfield Airport VG65                                            |
| 122.9000 | UNICOM Bill Davenport Memorial Airport 3VA4                                    |
| 122.9000 | UNICOM Campbell Field Airport 9VG                                              |
| 122.9000 | UNICOM Catawba Valley Airport VA10                                             |
| 122.9000 | UNICOM Chase City Municipal Airport KCXE                                       |
| 122.9000 | UNICOM Coastal Seaplanes Downtown Seaplane Base VA26                           |
| 122.9000 | UNICOM Coastal Seaplanes Yorktown Seaplane Base VA34                           |
| 122.9000 | UNICOM Coopers Mountain Heliport 77VA                                          |
| 122.9000 | UNICOM Doves Nest Field Airport VA89                                           |
| 122.9000 | UNICOM Kinman Airport 3VG5                                                     |
| 122.9000 | UNICOM Lake Anna Airport 7W4                                                   |
| 122.9000 | UNICOM Lake Co. Regional Airport W63                                           |
| 122.9000 | UNICOM Lee Co. Airport 0VG                                                     |
| 122.9000 | UNICOM Long Island Airport 7VA5                                                |
| 122.9000 | UNICOM McLaughlin Seaplane Base 2G6                                            |
| 122.9000 | UNICOM Nester Funny Farm Airport VG31                                          |
| 122.9000 | UNICOM Robbie Campbell Memorial Airfield Airport 4VG8                          |
| 122.9000 | UNICOM Rockfish Airport VG22                                                   |
| 122.9000 | UNICOM Saunders Field Airport 9VA6                                             |
| 122.9000 | UNICOM Stuart Red House Field Airport VG67                                     |
| 122.9500 | FBO Atlantic Aviation Newport News/Williamsburg International Airport KPHF     |
| 122.9500 | FBO Freedom Aviation Lynchburg Regional Airport/Preston Glenn Field KLYH       |
| 122.9500 | FBO Rick Aviation Newport News/Williamsburg International Airport KPHF         |

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| 122.9500 | UNICOM Charlottesville-Albemarle Airport KCHO                                  |
| 122.9500 | UNICOM Lynchburg Regional Airport/Preston Glenn Field KLYH                     |
| 122.9500 | UNICOM Newport News/Williamsburg International Airport KPHF                    |
| 122.9500 | UNICOM Richmond International Airport KRIC                                     |
| 122.9500 | UNICOM Roanoke-Blackburg Regional Airport/Woodrum Field KROA                   |
| 122.9750 | UNICOM Leesburg Executive Airport KJYO                                         |
| 122.9750 | UNICOM Louisa Co. Airport/Freeman Field KLUK                                   |
| 122.9750 | UNICOM Smith Mountain Lake Airport W91                                         |
| 122.9750 | UNICOM Winchester Regional Airport KOKV                                        |
| 123.0000 | UNICOM (Air Medical Only) Bath Community Hospital Heliport 47VG                |
| 123.0000 | UNICOM Emporia-Greenville Regional Airport KEMV                                |
| 123.0000 | UNICOM Falwell Airport W24                                                     |
| 123.0000 | UNICOM Front Royal-Warren Co. Airport KFRR                                     |
| 123.0000 | UNICOM Gordonsville Municipal Airport KGVE                                     |
| 123.0000 | UNICOM Hummel Field Airport W75                                                |
| 123.0000 | UNICOM Ingalls Field Airport KHSP                                              |
| 123.0000 | UNICOM Lonesome Pine Airport KLNP                                              |
| 123.0000 | UNICOM Middle Peninsula Regional Airport KFYJ                                  |
| 123.0000 | UNICOM Shenandoah Valley Regional Airport KSHD                                 |
| 123.0500 | FBO AU Aviation Danville Regional Airport KDAN                                 |
| 123.0500 | FBO Dominion Aviation Service Richmond Executive-Chesterfield Co. Airport KFCI |
| 123.0500 | HMX-1 Ch. 38 Washington Hospital Center MedSTAR Quantico MCAF KNYG             |
| 123.0500 | UNICOM (Air Medical Only) Inova Fairfax Hospital Heliport 72VA                 |
| 123.0500 | UNICOM (Air Medical Only) Sentara Norfolk General Hospital Heliport VA88       |
| 123.0500 | UNICOM (Air Medical Only) University of Virginia Hospital Heliport 8VA5        |
| 123.0500 | UNICOM Danville Regional Airport KDAN                                          |
| 123.0500 | UNICOM Eagle's Nest Airport W13                                                |
| 123.0500 | UNICOM Richmond Executive-Chesterfield Co. Airport KFCI                        |
| 123.0500 | UNICOM Tazewell Co. Airport KJFZ                                               |

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|----------|--------------------------------------------------------------------|
| 123.0500 | UNICOM Virginia Tech/Montgomery Executive Airport KBCB             |
| 123.0750 | FBO Horizon Aviation Services Chesapeake Regional Airport KCPK     |
| 123.0750 | UNICOM (Air Medical Only) VCU Health System Hospital Heliport VG45 |
| 123.0750 | UNICOM Chesapeake Regional Airport KCPK                            |
| 123.0750 | UNICOM Culpeper Regional Airport KCJR                              |
| 123.3000 | UNICOM Slate River Airpark Airport 8VA1                            |
| 123.3750 | NASA Ops Joint Base Langley-Eustis KLFI                            |
| 123.6750 | WX AWOS-3 Chesapeake Regional Airport KCPK                         |
| 123.8750 | WX AWOS-3 Lunenburg Co. Airport W31                                |
| 123.8750 | WX AWOS-3 Mountain Empire Airport KMKJ                             |
| 123.9000 | App/Dep Oceana Naval Air Station KNTU                              |
| 123.9000 | NTU App/Dep Fentress Naval Auxilliary Landing Field KNFE           |
| 124.0500 | ZDC App/Dep Danville Regional Airport KDAN                         |
| 124.0500 | ZDC App/Dep William Tuck Airport W78                               |
| 124.1750 | WX AWOS-3 Emporia-Greensville Regional Airport KEMV                |
| 124.2750 | Tower Davison Army Air Field KDAA                                  |
| 124.3000 | Tower Norfolk Naval Station KNGU                                   |
| 124.3500 | GSO App/Dep Blue Ridge Airport KMTV                                |
| 124.5000 | Tower Charlottesville-Albemarle Airport KCHO                       |
| 124.6000 | Clearance Richmond Executive-Chesterfield Co. Airport KFCI         |
| 124.6750 | WX AWOS-3PT Franklin Regional Airport KFKN                         |
| 124.7000 | PCT App/Dep Davison Army Air Field KDAA                            |
| 124.8250 | Radar Norfolk International Airport KORF                           |
| 124.8500 | Clearance Blue Ridge Airport KMTV                                  |
| 124.8500 | Clearance Virginia Tech/Montgomery Executive Airport KBCB          |
| 124.8500 | WX AWOS-3 Winchester Regional Airport KOKV                         |
| 124.9000 | ORF App/Dep NW-NE Joint Base Langley-Eustis KLFI                   |
| 124.9000 | ORF Departure Newport News/Williamsburg International Airport KPHF |
| 124.9250 | WX AWOS-3 Shenandoah Valley Regional Airport KSHD                  |

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|----------|-------------------------------------------------------------------------|
| 125.0000 | Tower Joint Base Langley-Eustis KLF1                                    |
| 125.0500 | PCT App/Dep Leesburg Executive Airport KJYO                             |
| 125.2000 | Departure Norfolk International Airport KORF                            |
| 125.2000 | ORF App/Dep Chesapeake Regional Airport KCPK                            |
| 125.2000 | ORF App/Dep Hampton Roads Executive Airport KPVG                        |
| 125.2250 | WX AWOS-3 Leesburg Executive Airport KJYO                               |
| 125.2500 | TRI App/Dep Virginia Highlands Airport KVJI                             |
| 125.4000 | Clearance Hanover Co. Municipal Airport KOFP                            |
| 125.4750 | ROA App/Dep E Brookneal/Campbell Co. Airport 0V4                        |
| 125.4750 | ROA App/Dep E Falwell Airport W24                                       |
| 125.4750 | ROA App/Dep E Lynchburg Regional Airport/Preston Glenn Field KLYH       |
| 125.7000 | ORF App/Dep Felker Army Air Field KFAF                                  |
| 125.7000 | ORF App/Dep NW-NE Joint Base Langley-Eustis KLF1                        |
| 125.7000 | ORF App/Dep NW-NE Norfolk Naval Station KNGU                            |
| 125.7000 | ORF Approach Newport News/Williamsburg International Airport KPHF       |
| 125.7750 | WX AWOS-3 Tappahannock/Essex Co. Airport KXSA                           |
| 126.0000 | ROA App/Dep Micro Airport 1VA1                                          |
| 126.0000 | ROA App/Dep New River Valley Airport KPSK                               |
| 126.0000 | ROA App/Dep Twin Co. Airport KHLX                                       |
| 126.0500 | App/Dep Norfolk International Airport KORF                              |
| 126.0500 | ORF App/Dep Hummel Field Airport W75                                    |
| 126.0500 | ORF App/Dep NE-E Joint Base Langley-Eustis KLF1                         |
| 126.1500 | Clearance Winchester Regional Airport KOKV                              |
| 126.2000 | Base Ops Norfolk Naval Station KNGU                                     |
| 126.2000 | HMX-1 Ch. 39 FEMA Mount Weather Quantico MCAF KNYG                      |
| 126.2000 | UNICOM "Nomad Advisory" Mary Walker Landing Zone Airport KAPH (US Army) |
| 126.2000 | UNICOM COMLANTFLT Heliport KNCL                                         |
| 126.2000 | UNICOM Dahlgren Naval Support Field Airport KNDY                        |
| 126.2000 | UNICOM Fort Gregg-Adams Army Heliport VA39                              |

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|----------|---------------------------------------------------------------|
| 126.3000 | HMX-1 Ch. 27 Reagan National Airport Tower Quantico MCAF KNYG |
| 126.3000 | Tower Felker Army Air Field KFAF                              |
| 126.3250 | WX AWOS-3 Stafford Regional Airport KRMN                      |
| 126.3750 | Tower Norfolk Naval Station KNGU                              |
| 126.4000 | PCT App/Dep Middle Peninsula Regional Airport KFYJ            |
| 126.4000 | PCT App/Dep New Kent Co. Airport W96                          |
| 126.4000 | PCT App/Dep N-S Hanover Co. Municipal Airport KOFP            |
| 126.4000 | PCT App/Dep N-S Richmond International Airport KRIC           |
| 126.4000 | PCT App/Dep Tappahannock/Essex Co. Airport KXSA               |
| 126.5000 | Tower Wallops Flight Facility Airport KWAL                    |
| 126.5750 | IND App/Dep Lonesome Pine Airport KLNP                        |
| 126.7500 | App/Dep Fort Gregg-Adams Army Heliport VA39                   |
| 126.7500 | PCT App/Dep Lake Anna Airport 7W4                             |
| 126.7500 | PCT App/Dep Mary Walker Landing Zone Airport KAPH (US Army)   |
| 126.7500 | PCT App/Dep Middle Peninsula Regional Airport KFYJ            |
| 126.7500 | PCT App/Dep Richmond Executive-Chesterfield Co. Airport KFCI  |
| 126.7500 | PCT App/Dep S-N Hanover Co. Municipal Airport KOFP            |
| 126.7500 | PCT App/Dep S-N Richmond International Airport KRIC           |
| 126.7500 | PCT App/Dep Tri Cities Executive/Dinwiddie Co. Airport KPTB   |
| 126.9000 | App/Dep Roanoke-Blackburg Regional Airport/Woodrum Field KROA |
| 126.9000 | ROA App/Dep Virginia Tech/Montgomery Executive Airport KBCB   |
| 127.0500 | HMX-1 Ch. 03 MCB Quantico Approach Quantico MCAF KNYG         |
| 127.0500 | NYG App/Dep Shannon Airport KEZF                              |
| 127.0500 | NYG App/Dep Stafford Regional Airport KRMN                    |
| 127.0500 | PCT App/Dep Quantico MCAF KNYG                                |
| 127.0750 | Tower Oceana Naval Air Station KNTU                           |
| 127.1500 | ATIS Norfolk International Airport KORF                       |
| 127.2000 | NHK App/Dep Wallops Flight Facility Airport KWAL              |
| 127.2000 | PCT App/Dep (When NHK Closed) Accomack Co. Airport KMFV       |

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| 127.2000 | PCT App/Dep (When NHK Closed) Tangier Island Airport KTG1             |
| 127.2000 | PCT App/Dep (When PAX Closed) Wallops Flight Facility Airport KWAL    |
| 127.3750 | WX AWOS-3 New River Valley Airport KPSK                               |
| 127.5000 | Tower (0900-1900) Leesburg Executive Airport KJYO                     |
| 127.5250 | WX AWOS-3 Mecklenburg-Brunswick Regional Airport KAVC                 |
| 127.5500 | ATL App/Dep Lee Co. Airport OVG                                       |
| 127.5500 | Clearance Richmond International Airport KRIC                         |
| 127.6000 | Radar Joint Base Langley-Eustis KLF1                                  |
| 127.6250 | Ground Allan Perkinson/Blackstone Army Air Field KBKT                 |
| 127.6500 | Tower (0630-2230) Lynchburg Regional Airport/Preston Glenn Field KLYH |
| 127.8500 | ATL App/Dep (When TRI Closed) Virginia Highlands Airport KVJI         |
| 127.8500 | ATL App/Dep Mountain Empire Airport KMKJ                              |
| 127.8500 | ATL App/Dep Tazewell Co. Airport KJFZ                                 |
| 127.8750 | Ground Wallops Flight Facility Airport KWAL                           |
| 127.9000 | App/Dep Norfolk International Airport KORF                            |
| 127.9000 | ORF App/Dep Franklin Regional Airport KFKN                            |
| 127.9000 | ORF App/Dep S-NW Joint Base Langley-Eustis KLF1                       |
| 127.9000 | ORF App/Dep Suffolk Executive Airport KSFQ                            |
| 127.9000 | ORF App/Dep Wakefield Municipal Airport KAKQ                          |
| 127.9500 | NHK App/Dep Accomack Co. Airport KMFV                                 |
| 128.1250 | WX ASOS Danville Regional Airport KDAN                                |
| 128.1250 | WX AWOS-3 Shannon Airport KEZF                                        |
| 128.1250 | WX AWOS-3 Virginia Highlands Airport KVJI                             |
| 128.1750 | ATIS Davison Army Air Field KDAA                                      |
| 128.3250 | WX ASOS Wakefield Municipal Airport KAKQ                              |
| 128.5250 | App/Dep (When NYG Closed) Quantico MCAF KNYG                          |
| 128.5250 | PCT App/Dep (When NYG Closed) Shannon Airport KEZF                    |
| 128.5250 | PCT App/Dep (When NYG Closed) Stafford Regional Airport KRMN          |
| 128.5250 | PCT App/Dep Culpeper Regional Airport KCJR                            |

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| 128.5250 | PCT App/Dep Warrenton/Fauquier Airport KHWY                                  |
| 128.6250 | WX AWOS-3PT Richmond Executive-Chesterfield Co. Airport KFCI                 |
| 128.6500 | ATIS Newport News/Williamsburg International Airport KPHF                    |
| 129.6250 | FBO Signature Aviation Charlottesville-Albemarle Airport KCHO                |
| 130.3000 | FBO Million Air Richmond International Airport KRIC                          |
| 130.4750 | Southwestern Airlines Norfolk International Airport KORF                     |
| 130.5750 | FBO Signature Aviation Norfolk International Airport KORF                    |
| 130.5750 | FBO Signature Aviation Roanoke-Blackburg Regional Airport/Woodrum Field KROA |
| 130.6500 | AMC/ATOC Norfolk Naval Station KNGU                                          |
| 131.2000 | FBO Kuhn Jet Center Leesburg Executive Airport KJYO                          |
| 131.4250 | FBO Richmond Jet Center Richmond International Airport KRIC                  |
| 131.5250 | Base Ops Norfolk Naval Station KNGU                                          |
| 132.0250 | ZDC App/Dep Emporia-Greenville Regional Airport KEMV                         |
| 132.3750 | ATIS Roanoke-Blackburg Regional Airport/Woodrum Field KROA                   |
| 132.6500 | HMX-1 Ch. 34 Reagan National Airport ATIS Quantico MCAF KNYG                 |
| 132.7250 | WX AWOS-3 Farmville Regional Airport KFVX                                    |
| 132.8250 | WX AWOS-3 Middle Peninsula Regional Airport KFYJ                             |
| 132.8500 | PCT App/Dep Bridgewater Air Park KVBW                                        |
| 132.8500 | PCT App/Dep Charlottesville-Albemarle Airport KCHO                           |
| 132.8500 | PCT App/Dep Eagle's Nest Airport W13                                         |
| 132.8500 | PCT App/Dep Gordonsville Municipal Airport KGVE                              |
| 132.8500 | PCT App/Dep Louisa Co. Airport/Freeman Field KLUU                            |
| 132.8500 | PCT App/Dep Orange Co. Airport KOMH                                          |
| 132.8500 | PCT App/Dep Shenandoah Valley Regional Airport KSHD                          |
| 133.2000 | ZDC App/Dep Luray Caverns Airport KLUA                                       |
| 133.2000 | ZDC App/Dep New Market Airport 8W2                                           |
| 133.3250 | WX AWOS-3 Tri Cities Executive/Dinwiddie Co. Airport KPTB                    |
| 133.3250 | WX AWOS-3 Virginia Tech/Montgomery Executive Airport KBCB                    |
| 134.1000 | Base Ops Felker Army Air Field KFAF                                          |

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|----------|-------------------------------------------------------------------|
| 134.1000 | PMSV METRO Felker Army Air Field KFAF                             |
| 134.1000 | Radar Norfolk Naval Station KNGU                                  |
| 134.3500 | HMX-1 Ch. 28 Reagan National Airport Tower Quantico MCAF KNYG     |
| 134.4000 | ZDC App/Dep Ingalls Field Airport KHSP                            |
| 134.7000 | Tower Allan Perkinson/Blackstone Army Air Field KBKT              |
| 135.0000 | ROA App/Dep Farmville Regional Airport KFVX                       |
| 135.0000 | ROA App/Dep New London Airport W90                                |
| 135.0000 | ROA App/Dep Smith Mountain Lake Airport W91                       |
| 135.0000 | ROA App/Dep W Brookneal/Campbell Co. Airport OV4                  |
| 135.0000 | ROA App/Dep W Falwell Airport W24                                 |
| 135.0000 | ROA App/Dep W Lynchburg Regional Airport/Preston Glenn Field KLYH |
| 135.0700 | PCT GCO Tri Cities Executive/Dinwiddie Co. Airport KPTB           |
| 135.0750 | ATL GCO Tazewell Co. Airport KJFZ                                 |
| 135.0750 | NYG GCO Shannon Airport KEZF                                      |
| 135.0750 | NYG GCO Stafford Regional Airport KRMN                            |
| 135.0750 | ORF GCO Chesapeake Regional Airport KCPK                          |
| 135.0750 | ORF GCO Williamsburg/Jamestown Airport KJGG                       |
| 139.4000 | Base Ops/PTD Davison Army Air Field KDAA                          |
| 141.7500 | 1st FW Dispatch Joint Base Langley-Eustis KLF1                    |
| 142.1250 | ArNG Ops Richmond International Airport KRIC                      |
| 142.2000 | Ops Felker Army Air Field KFAF                                    |
| 142.3000 | 1st FW PTD Joint Base Langley-Eustis KLF1                         |
| 142.7500 | HMX-1 Ch. 35 Nighthawk Quantico MCAF KNYG                         |
| 143.1000 | HMX-1 Ch. 32 Pentagon Army Heliport Tower Quantico MCAF KNYG      |
| 143.8250 | Discrete Quantico MCAF KNYG                                       |

### UHF Band 225-400 MHz

| Frequency | Usage                                                          |
|-----------|----------------------------------------------------------------|
| 225.4000  | Clearance Newport News/Williamsburg International Airport KPHF |



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|----------|-------------------------------------------------------------------------|
| 225.6500 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 228.1750 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 228.4500 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 229.4000 | Ground Felker Army Air Field KFAF                                       |
| 229.4000 | HMX-1 Ch. 05 Reagan National Airport Quantico MCAF KNYG                 |
| 229.4000 | Tower Davison Army Air Field KDAA                                       |
| 231.3000 | HMX-1 Ch. 09 Pentagon Army Heliport Tower Quantico MCAF KNYG            |
| 233.5250 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 236.0250 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 236.2000 | ORF Advisory Naval Weapons Station Helipad KNCY                         |
| 236.3000 | HMX-1 Ch. 24 Royal Flush Quantico MCAF KNYG                             |
| 236.6000 | Tower Joint Base Langley-Eustis KLF1                                    |
| 238.8250 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 239.8000 | PMSV METRO Joint Base Langley-Eustis KLF1                               |
| 241.0000 | HMX-1 Ch. 23 FEMA Mount Weather Quantico MCAF KNYG                      |
| 241.0000 | Tower Davison Army Air Field KDAA                                       |
| 241.0000 | UNICOM "Nomad Advisory" Mary Walker Landing Zone Airport KAPH (US Army) |
| 248.5000 | ASR/PAR Davison Army Air Field KDAA                                     |
| 250.3000 | NHK App/Dep Tangier Island Airport KTGI                                 |
| 251.2500 | 1st FW Command Post Joint Base Langley-Eustis KLF1                      |
| 252.7750 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 253.2000 | Big Eye Blue Discrete Joint Base Langley-Eustis KLF1                    |
| 253.5000 | Tower Joint Base Langley-Eustis KLF1                                    |
| 254.2000 | 1st FW A2A Joint Base Langley-Eustis KLF1                               |
| 254.3250 | ROA App/Dep Brookneal/Campbell Co. Airport OV4                          |
| 254.3250 | ROA App/Dep Falwell Airport W24                                         |
| 254.3250 | ROA App/Dep Farmville Regional Airport KFVX                             |
| 254.3250 | ROA App/Dep Lynchburg Regional Airport/Preston Glenn Field KLYH         |
| 254.3250 | ROA App/Dep New London Airport W90                                      |

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| 254.3250 | ROA App/Dep Smith Mountain Lake Airport W91                              |
| 254.4000 | Clearance Oceana Naval Air Station KNTU                                  |
| 255.7000 | Ops Felker Army Air Field KFAF                                           |
| 257.0750 | 1st FW A2A Joint Base Langley-Eustis KLF1                                |
| 257.2000 | PCT App/Dep Davison Army Air Field KDAA                                  |
| 257.6000 | HMX-1 Ch. 06 Reagan National Airport Quantico MCAF KNYG                  |
| 257.6250 | Clearance Joint Base Langley-Eustis KLF1                                 |
| 257.8000 | Ground Roanoke-Blackburg Regional Airport/Woodrum Field KROA             |
| 257.8000 | HMX-1 Ch. 19 KBWI Tower Quantico MCAF KNYG                               |
| 257.8000 | Tower (0630-2230) Lynchburg Regional Airport/Preston Glenn Field KLYH    |
| 257.8000 | Tower Norfolk International Airport KORF                                 |
| 257.8000 | Tower Richmond International Airport KRIC                                |
| 257.8000 | Tower Roanoke-Blackburg Regional Airport/Woodrum Field KROA              |
| 257.8500 | IND App/Dep Lonesome Pine Airport KLNP                                   |
| 257.9000 | Tower Newport News/Williamsburg International Airport KPHF               |
| 262.0250 | 1st FW A2A Joint Base Langley-Eustis KLF1                                |
| 263.0250 | ATIS Richmond International Airport KRIC                                 |
| 263.1500 | ATIS Quantico MCAF KNYG                                                  |
| 263.1500 | HMX-1 Ch. 40 MCB Quantico ATIS Quantico MCAF KNYG                        |
| 263.6000 | Radar Norfolk Naval Station KNGU                                         |
| 265.6000 | ASR/PAR Davison Army Air Field KDAA                                      |
| 266.8000 | App/Dep Oceana Naval Air Station KNTU                                    |
| 266.8000 | NTU App/Dep Fentress Naval Auxilliary Landing Field KNFE                 |
| 266.8000 | Radar Norfolk International Airport KORF                                 |
| 267.6000 | HMX-1 Ch. 14 National Naval Medical Center (Bethesda) Quantico MCAF KNYG |
| 268.0000 | HMX-1 Ch. 20 White House Quantico MCAF KNYG                              |
| 268.8000 | Base Ops/VIP Notification Norfolk Naval Station KNGU                     |
| 269.2250 | GSO App/Dep Blue Ridge Airport KMTV                                      |
| 269.2500 | Tower Felker Army Air Field KFAF                                         |

|          |                                                                    |
|----------|--------------------------------------------------------------------|
| 269.3000 | ATL App/Dep (When TRI Closed) Virginia Highlands Airport KVJI      |
| 269.3000 | ATL App/Dep Mountain Empire Airport KMKJ                           |
| 269.3000 | ATL App/Dep Tazewell Co. Airport KJFZ                              |
| 269.3250 | Ground Wallops Flight Facility Airport KWAL                        |
| 269.4250 | ORF App/Dep Franklin Regional Airport KFKN                         |
| 269.4250 | ORF App/Dep S-NW Joint Base Langley-Eustis KLF1                    |
| 269.4250 | ORF App/Dep Suffolk Executive Airport KSFQ                         |
| 269.4250 | ORF App/Dep Wakefield Municipal Airport KAKQ                       |
| 269.5000 | ATL App/Dep Lee Co. Airport OVG                                    |
| 270.1000 | ATIS Joint Base Langley-Eustis KLF1                                |
| 271.3000 | Departure Joint Base Langley-Eustis KLF1                           |
| 271.6000 | PMSV METRO Norfolk Naval Station KNGU                              |
| 271.8000 | Weather Joint Base Langley-Eustis KLF1                             |
| 273.4750 | ORF Approach NE-NW Norfolk Naval Station KNGU                      |
| 273.9500 | HMX-1 Ch. 16 Outside Beltway Quantico MCAF KNYG                    |
| 275.8000 | Ground Joint Base Langley-Eustis KLF1                              |
| 275.8000 | HMX-1 Ch. 08 Andrews Air Force Base Ground Quantico MCAF KNYG      |
| 276.6750 | 1st FW A2A Joint Base Langley-Eustis KLF1                          |
| 277.1750 | HMX-1 Ch. 15 Control Quantico MCAF KNYG                            |
| 279.5250 | Radar Norfolk Naval Station KNGU                                   |
| 279.6000 | Helicopter Tower Norfolk Naval Station KNGU                        |
| 281.4750 | PCT App/Dep (When NHK Closed) Accomack Co. Airport KMFV            |
| 281.4750 | PCT App/Dep (When NHK Closed) Tangier Island Airport KTGI          |
| 281.4750 | PCT App/Dep (When PAX Closed) Wallops Flight Facility Airport KWAL |
| 282.2000 | ZDC App/Dep Luray Caverns Airport KLUA                             |
| 282.2000 | ZDC App/Dep New Market Airport 8W2                                 |
| 282.3750 | PCT App/Dep Middle Peninsula Regional Airport KFYJ                 |
| 282.3750 | PCT App/Dep New Kent Co. Airport W96                               |
| 282.3750 | PCT App/Dep N-S Richmond International Airport KRIC                |

|          |                                                               |
|----------|---------------------------------------------------------------|
| 282.3750 | PCT App/Dep Tappahannock/Essex Co. Airport KXSA               |
| 284.0000 | Radar Joint Base Langley-Eustis KLF1                          |
| 284.9000 | Base Ops Oceana Naval Air Station KNTU                        |
| 285.1500 | 1st FW A2A Joint Base Langley-Eustis KLF1                     |
| 287.4500 | Raymond 16 Joint Base Langley-Eustis KLF1                     |
| 288.2750 | PCT App/Dep Richmond Executive-Chesterfield Co. Airport KFCI  |
| 288.2750 | PCT Final Richmond International Airport KRIC                 |
| 288.3000 | Radar Norfolk International Airport KORF                      |
| 288.3000 | SFA Oceana Naval Air Station KNTU                             |
| 289.4000 | Base Ops Oceana Naval Air Station KNTU                        |
| 290.3750 | HMX-1 Ch. 25 MCB Quantico Approach Quantico MCAF KNYG         |
| 290.3750 | NYG App/Dep Shannon Airport KEZF                              |
| 290.3750 | NYG App/Dep Stafford Regional Airport KRMN                    |
| 290.3750 | PCT App/Dep Quantico MCAF KNYG                                |
| 290.4250 | ZDC App/Dep Emporia-Greenville Regional Airport KEMV          |
| 290.4750 | HMX-1 Ch. 18 Potomac TRACON Approach (BWI) Quantico MCAF KNYG |
| 290.5000 | Tower Norfolk Naval Station KNGU                              |
| 292.7000 | Tower Allan Perkinson/Blackstone Army Air Field KBKT          |
| 295.7000 | Radar Joint Base Langley-Eustis KLF1                          |
| 296.2000 | 1st FW A2A Joint Base Langley-Eustis KLF1                     |
| 297.5000 | Helicopter Tower Norfolk Naval Station KNGU                   |
| 298.9500 | Ground Norfolk Naval Station KNGU                             |
| 298.9500 | Helicopter Ground Norfolk Naval Station KNGU                  |
| 302.0000 | Radar Norfolk Naval Station KNGU                              |
| 305.8000 | HMX-1 Ch. 21 Sikorsky Heliport Quantico MCAF KNYG             |
| 306.9250 | App/Dep (When NYG Closed) Quantico MCAF KNYG                  |
| 306.9250 | PCT App/Dep (When NYG Closed) Shannon Airport KEZF            |
| 306.9250 | PCT App/Dep (When NYG Closed) Stafford Regional Airport KRMN  |
| 306.9250 | PCT App/Dep Culpeper Regional Airport KCJR                    |

|          |                                                              |
|----------|--------------------------------------------------------------|
| 306.9250 | PCT App/Dep Warrenton/Fauquier Airport KHWY                  |
| 306.9250 | PCT App/Dep Winchester Regional Airport KOKV                 |
| 306.9750 | Tower Wallops Flight Facility Airport KWAL                   |
| 307.2000 | App/Dep Fort Gregg-Adams Army Heliport VA39                  |
| 307.2000 | PCT App/Dep Hanover Co. Municipal Airport KOFP               |
| 307.2000 | PCT App/Dep Lake Anna Airport 7W4                            |
| 307.2000 | PCT App/Dep Mary Walker Landing Zone Airport KAPH (US Army)  |
| 307.2000 | PCT App/Dep Middle Peninsula Regional Airport KFYJ           |
| 307.2000 | PCT App/Dep Richmond Executive-Chesterfield Co. Airport KFCI |
| 307.2000 | PCT App/Dep S-N Richmond International Airport KRIC          |
| 307.2000 | PCT App/Dep Tri Cities Executive/Dinwiddie Co. Airport KPTB  |
| 309.2000 | Radar Norfolk Naval Station KNGU                             |
| 310.4000 | NASA Ops Joint Base Langley-Eustis KLFJ                      |
| 314.0000 | NHK App/Dep Accomack Co. Airport KMFV                        |
| 315.8500 | 1st FW A2A Joint Base Langley-Eustis KLFJ                    |
| 317.6000 | ATIS Oceana Naval Air Station KNTU                           |
| 317.8000 | 1st FW A2A Joint Base Langley-Eustis KLFJ                    |
| 318.9000 | HMX-1 Ch. 01 Base Quantico MCAF KNYG                         |
| 319.3250 | 1st FW A2A Joint Base Langley-Eustis KLFJ                    |
| 322.5250 | Radar Norfolk Naval Station KNGU                             |
| 323.1250 | PCT App/Dep Bridgewater Air Park KVBW                        |
| 323.1250 | PCT App/Dep Charlottesville-Albemarle Airport KCHO           |
| 323.1250 | PCT App/Dep Eagle's Nest Airport W13                         |
| 323.1250 | PCT App/Dep Gordonsville Municipal Airport KGVE              |
| 323.1250 | PCT App/Dep Louisa Co. Airport/Freeman Field KLUK            |
| 323.1250 | PCT App/Dep Orange Co. Airport KOMH                          |
| 323.1250 | PCT App/Dep Shenandoah Valley Regional Airport KSHD          |
| 328.4000 | Range Control Quantico MCAF KNYG                             |
| 328.4000 | SFA Oceana Naval Air Station KNTU                            |

|          |                                                                  |
|----------|------------------------------------------------------------------|
| 335.5000 | HMX-1 Ch. 12 Andrews Air Force Base Radar Quantico MCAF KNYG     |
| 335.6250 | Approach Norfolk International Airport KORF                      |
| 335.6250 | ORF App/Dep Felker Army Air Field KFAF                           |
| 335.6250 | ORF App/Dep Joint Base Langley-Eustis KLFI                       |
| 335.6250 | ORF App/Dep Newport News/Williamsburg International Airport KPHF |
| 335.6250 | ORF App/Dep NW-NE Norfolk Naval Station KNGU                     |
| 335.8000 | Radar Norfolk Naval Station KNGU                                 |
| 335.9500 | Darkstar E3B Discrete Joint Base Langley-Eustis KLFI             |
| 336.4000 | Ground Oceana Naval Air Station KNTU                             |
| 338.2000 | PCT App/Dep Davison Army Air Field KDAA                          |
| 338.2250 | ATIS Norfolk Naval Station KNGU                                  |
| 338.2500 | PCT App/Dep Leesburg Executive Airport KJYO                      |
| 338.2750 | Ground Charlottesville-Albemarle Airport KCHO                    |
| 338.2750 | Tower Charlottesville-Albemarle Airport KCHO                     |
| 339.8000 | App/Dep Roanoke-Blackburg Regional Airport/Woodrum Field KROA    |
| 339.8000 | Clearance Norfolk Naval Station KNGU                             |
| 339.8000 | ROA App/Dep Micro Airport 1VA1                                   |
| 339.8000 | ROA App/Dep New River Valley Airport KPSK                        |
| 339.8000 | ROA App/Dep Twin Co. Airport KHLX                                |
| 339.8000 | ROA App/Dep Virginia Tech/Montgomery Executive Airport KBCB      |
| 340.1000 | HMX-1 Ch. 02 MCB Quantico Ground Quantico MCAF KNYG              |
| 340.2000 | Ground Quantico MCAF KNYG                                        |
| 340.2000 | Tower Oceana Naval Air Station KNTU                              |
| 341.8000 | 1st FW/27th FS Ops Joint Base Langley-Eustis KLFI                |
| 344.4000 | ORF Advisory Naval Weapons Station Helipad KNCY                  |
| 344.6000 | HMX-1 Ch. 11 Andrews Air Force Base METRO Quantico MCAF KNYG     |
| 344.8000 | 1st FW Command Post Joint Base Langley-Eustis KLFI               |
| 345.6000 | Ground Newport News/Williamsburg International Airport KPHF      |
| 346.4000 | SFA Oceana Naval Air Station KNTU                                |

|          |                                                                    |
|----------|--------------------------------------------------------------------|
| 346.8000 | Radar Norfolk Naval Station KNGU                                   |
| 348.6000 | Clearance Richmond International Airport KRIC                      |
| 348.6000 | Ground Richmond International Airport KRIC                         |
| 348.6000 | HMX-1 Ch. 17 Dulles International Airport Tower Quantico MCAF KNYG |
| 348.6000 | Tower Newport News/Williamsburg International Airport KPHF         |
| 348.7500 | SFA Oceana Naval Air Station KNTU                                  |
| 349.0000 | HMX-1 Ch. 07 Andrews Air Force Base Tower Quantico MCAF KNYG       |
| 349.0000 | TRI App/Dep Virginia Highlands Airport KVJI                        |
| 349.5000 | AMC/ATOC Norfolk Naval Station KNGU                                |
| 351.0000 | Bull Operations Joint Base Langley-Eustis KLF1                     |
| 351.8000 | Clearance Davison Army Air Field KDAA                              |
| 351.8000 | Ground Davison Army Air Field KDAA                                 |
| 351.9500 | A2A SFA Quantico MCAF KNYG                                         |
| 352.0000 | ZDC App/Dep Danville Regional Airport KDAN                         |
| 352.0000 | ZDC App/Dep William Tuck Airport W78                               |
| 352.1000 | SFA Oceana Naval Air Station KNTU                                  |
| 353.6500 | A2A SFA Quantico MCAF KNYG                                         |
| 353.7000 | Approach Norfolk International Airport KORF                        |
| 353.7000 | ORF App/Dep Chesapeake Regional Airport KCPK                       |
| 353.7000 | ORF App/Dep Hampton Roads Executive Airport KPVG                   |
| 353.9000 | ZDC App/Dep Ingalls Field Airport KHSP                             |
| 355.3000 | Base Ops Quantico MCAF KNYG                                        |
| 355.3000 | PMSV METRO Quantico MCAF KNYG                                      |
| 357.1000 | Iron Operations Joint Base Langley-Eustis KLF1                     |
| 358.8500 | 1st FW A2A Joint Base Langley-Eustis KLF1                          |
| 359.2250 | 1st FW A2A Joint Base Langley-Eustis KLF1                          |
| 360.1500 | 1st FW A2A Joint Base Langley-Eustis KLF1                          |
| 360.2000 | HMX-1 Ch. 04 MCB Quantico Tower Quantico MCAF KNYG                 |
| 360.2000 | Tower Oceana Naval Air Station KNTU                                |

|          |                                                                             |
|----------|-----------------------------------------------------------------------------|
| 360.2000 | Tower Quantico MCAF KNYG                                                    |
| 360.6000 | App/Dep Norfolk International Airport KORF                                  |
| 360.6000 | ORF App/Dep Williamsburg/Jamestown Airport KJGG                             |
| 363.1000 | SFA Oceana Naval Air Station KNTU                                           |
| 363.1250 | Departure Norfolk International Airport KORF                                |
| 363.1250 | ORF Departure Norfolk Naval Station KNGU                                    |
| 363.1500 | A2A SFA Quantico MCAF KNYG                                                  |
| 363.9000 | 1st FW A2A Joint Base Langley-Eustis KLF1                                   |
| 364.1250 | 1st FW SPAD Ops Joint Base Langley-Eustis KLF1                              |
| 365.9500 | ArNG Ops Richmond International Airport KRIC                                |
| 370.8500 | Ground Norfolk Naval Station KNGU                                           |
| 370.9250 | App/Dep Norfolk International Airport KORF                                  |
| 370.9250 | ORF App/Dep Hummel Field Airport W75                                        |
| 375.0000 | HMX-1 Ch. 10 Navy Heliport Anacostia Quantico MCAF KNYG                     |
| 376.2000 | PTD Joint Base Langley-Eustis KLF1                                          |
| 377.1000 | ZDC App/Dep Allan Perkinson/Blackstone Army Air Field KBKT                  |
| 377.1000 | ZDC App/Dep Brunswick Co. Airport KLV1                                      |
| 377.1000 | ZDC App/Dep Chase City Municipal Airport KCXE                               |
| 377.1000 | ZDC App/Dep Crewe Municipal Airport W81                                     |
| 377.1000 | ZDC App/Dep Lake Co. Regional Airport W63                                   |
| 377.1000 | ZDC App/Dep Lunenburg Co. Airport W31                                       |
| 377.1000 | ZDC App/Dep Mecklenburg-Brunswick Regional Airport KAVC                     |
| 378.1000 | HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post Quantico MCAF KNYG |
| 379.1000 | Departure Norfolk International Airport KORF                                |
| 379.1500 | Tower Norfolk Naval Station KNGU                                            |
| 381.1000 | 1st FW A2A Joint Base Langley-Eustis KLF1                                   |
| 381.8000 | 1st FW A2A Joint Base Langley-Eustis KLF1                                   |
| 381.8000 | HMX-1 Ch. 22 Coast Guard Air Station New York Quantico MCAF KNYG            |
| 383.2000 | 1st FW SOF Joint Base Langley-Eustis KLF1                                   |



|          |                                           |
|----------|-------------------------------------------|
| 383.9000 | 1st FW A2A Joint Base Langley-Eustis KLF1 |
| 384.7000 | SOF Joint Base Langley-Eustis KLF1        |
| 387.4000 | PMSV METRO Oceana Naval Air Station KNTU  |
| 389.1000 | 1st FW A2A Joint Base Langley-Eustis KLF1 |
| 390.8000 | Radar Joint Base Langley-Eustis KLF1      |
| 395.0000 | Approach Joint Base Langley-Eustis KLF1   |

## Commonwealth of Virginia

Last Updated 20 Sept 24

### Abingdon

#### Old South Aerodrome Airport 32VA

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

### Abingdon

#### Virginia Highlands Airport KVJI

| Frequency | Usage                         |
|-----------|-------------------------------|
| 122.8000  | UNICOM                        |
| 128.1250  | WX AWOS-3                     |
| 125.2500  | TRI App/Dep                   |
| 349.0000  | TRI App/Dep                   |
| 127.8500  | ATL App/Dep (When TRI Closed) |
| 269.3000  | ATL App/Dep (When TRI Closed) |

### Altavista

#### Kinman Airport 3VG5

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### Appomattox

#### Stuart Red House Field Airport VG67

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Blacksburg

### Virginia Tech/Montgomery Executive Airport KBCB

| Frequency | Usage       |
|-----------|-------------|
| 123.0500  | UNICOM      |
| 133.3250  | WX AWOS-3   |
| 124.8500  | Clearance   |
| 126.9000  | ROA App/Dep |
| 339.8000  | ROA App/Dep |

## Blackstone

### Catawba Valley Airport VA10

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Blackstone

### Allan Perkinson/Blackstone Army Air Field KBKT (Chart)

| Frequency | Usage         |
|-----------|---------------|
| 134.7000  | Tower         |
| 292.7000  | Tower         |
| 127.6250  | Ground        |
| 34.1000   | Range Control |
| 36.1000   | Range Control |
| 119.2250  | ATIS          |
| 118.7500  | ZDC App/Dep   |
| 377.1000  | ZDC App/Dep   |

## Bowling Green

### Mary Walker Landing Zone Airport KAPH (US Army)

| Frequency | Usage                   |
|-----------|-------------------------|
| 126.2000  | UNICOM "Nomad Advisory" |
| 241.0000  | UNICOM "Nomad Advisory" |
| 126.7500  | PCT App/Dep             |
| 307.2000  | PCT App/Dep             |

## Bowling Green

### Woodford Airpark Airport 20VA

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

## Bridgewater

### Bridgewater Air Park KVBW

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 119.5500  | WX AWOS-3   |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

## Brookneal

### Brookneal/Campbell County Airport 0V4

| Frequency | Usage         |
|-----------|---------------|
| 122.7000  | UNICOM        |
| 120.5750  | WX AWOS-3     |
| 125.4750  | ROA App/Dep E |
| 135.0000  | ROA App/Dep W |
| 254.3250  | ROA App/Dep   |

## Buckingham

### Lotus International Airport 8VA4

| Frequency | Usage  |
|-----------|--------|
| 122.7000  | UNICOM |

## Buckingham

### Slate River Airpark Airport 8VA1

| Frequency | Usage  |
|-----------|--------|
| 123.3000  | UNICOM |

## Bumpass

### Lake Anna Airport 7W4

| Frequency | Usage       |
|-----------|-------------|
| 122.9000  | UNICOM      |
| 120.7750  | WX AWOS-3   |
| 126.7500  | PCT App/Dep |
| 307.2000  | PCT App/Dep |

## Charlottesville

### Bundoran Airport VA18

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

## Charlottesville

### Charlottesville-Albemarle Airport KCHO

| Frequency | Usage |
|-----------|-------|
| 124.5000  | Tower |
| 338.2750  | Tower |

|          |                        |
|----------|------------------------|
| 122.9500 | UNICOM                 |
| 121.9000 | Ground                 |
| 338.2750 | Ground                 |
| 129.6250 | FBO Signature Aviation |
| 118.4250 | ATIS                   |
| 120.5250 | PCT App/Dep            |
| 132.8500 | PCT App/Dep            |
| 323.1250 | PCT App/Dep            |

## Charlottesville

### University of Virginia Hospital Heliport 8VA5

| Frequency | Usage                       |
|-----------|-----------------------------|
| 123.0500  | UNIDEN (Air Ambulance Only) |

## Chase City

### Chase City Municipal Airport KCXE

| Frequency | Usage       |
|-----------|-------------|
| 122.9000  | UNICOM      |
| 121.2250  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## Chesapeake

### Fentress Naval Auxilliary Landing Field KNFE

| Frequency | Usage       |
|-----------|-------------|
| 123.9000  | NTU App/Dep |
| 266.8000  | NTU App/Dep |

## Chester

### McLaughlin Seaplane Base 2G6

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Clarksville

### Lake County Regional Airport W63

| Frequency | Usage       |
|-----------|-------------|
| 122.9000  | UNICOM      |
| 118.2250  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## Crewe

### Crewe Municipal Airport W81

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.0500  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## Culpeper

### Culpeper Regional Airport KCJR

| Frequency | Usage       |
|-----------|-------------|
| 123.0750  | UNICOM      |
| 121.6000  | Clearance   |
| 119.3250  | WX AWOS-3   |
| 128.5250  | PCT App/Dep |

|          |             |
|----------|-------------|
| 306.9250 | PCT App/Dep |
|----------|-------------|

## Dahlgren

### Dahlgren Naval Support Field Airport KNDY

| Frequency | Usage  |
|-----------|--------|
| 126.2000  | UNICOM |

## Danville

### Danville Regional Airport KDAN

| Frequency | Usage           |
|-----------|-----------------|
| 123.0500  | UNICOM          |
| 123.0500  | FBO AU Aviation |
| 128.1250  | WX ASOS         |
| 124.0500  | ZDC App/Dep     |
| 352.0000  | ZDC App/Dep     |

## Dublin

### New River Valley Airport KPSK

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 121.7000  | Clearance   |
| 127.3750  | WX AWOS-3   |
| 126.0000  | ROA App/Dep |
| 339.8000  | ROA App/Dep |

## Emporia

### Emporia-Greenville Regional Airport KEMV

| Frequency | Usage |
|-----------|-------|
|-----------|-------|



|          |             |
|----------|-------------|
| 123.0000 | UNICOM      |
| 124.1750 | WX AWOS-3   |
| 122.4000 | ZDC FSS     |
| 132.0250 | ZDC App/Dep |
| 290.4250 | ZDC App/Dep |

## Fairfax

### Inova Fairfax Hospital Heliport 72VA

| Frequency | Usage                     |
|-----------|---------------------------|
| 123.0500  | UNICOM (Air Medical Only) |

## Farmville

### Farmville Regional Airport KFBX

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 132.7250  | WX AWOS-3   |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

## Forest

### New London Airport W90

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

## Fort Belvoir

### Davison Army Air Field KDAA (Chart)

| Frequency | Usage       |
|-----------|-------------|
| 124.2750  | Tower       |
| 229.4000  | Tower       |
| 241.0000  | Tower       |
| 121.9000  | Ground      |
| 351.8000  | Ground      |
| 52.7500   | VArNG Ops   |
| 34.1000   | Ops         |
| 139.4000  | PTD         |
| 351.8000  | Clearance   |
| 128.1750  | ATIS        |
| 118.8500  | ASR/PAR     |
| 119.9500  | ASR/PAR     |
| 248.5000  | ASR/PAR     |
| 265.6000  | ASR/PAR     |
| 118.9500  | PCT App/Dep |
| 124.7000  | PCT App/Dep |
| 257.2000  | PCT App/Dep |
| 338.2000  | PCT App/Dep |

## Fort Belvoir

### Fort Belvoir Community Hospital Heliport VG93

| Frequency | Usage                       |
|-----------|-----------------------------|
| 122.9000  | UNICOM (Air Ambulance Only) |

## Fort Eustis

### Felker Army Air Field KFAF (Chart)

| Frequency | Usage |
|-----------|-------|
| 126.3000  | Tower |

|          |             |
|----------|-------------|
| 269.2500 | Tower       |
| 121.3500 | Ground      |
| 229.4000 | Ground      |
| 38.7000  | Ops         |
| 40.3500  | Ops         |
| 142.2000 | Ops         |
| 255.7000 | Ops         |
| 38.4000  | Advisory    |
| 134.1000 | Base Ops    |
| 134.1000 | PMSV METRO  |
| 125.7000 | ORF App/Dep |
| 335.6250 | ORF App/Dep |

## Franklin

### Franklin Regional Airport KFKN

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 124.6750  | WX AWOS-3PT |
| 127.9000  | ORF App/Dep |
| 269.4250  | ORF App/Dep |

## Franktown

### Bigler Airfield Airport VG65

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Fredericksburg

### Dogwood Airpark Airport VA42

| Frequency | Usage  |
|-----------|--------|
| 122.7250  | UNICOM |

## Fredericksburg

### Mary Washington Hospital Heliport 6VA7

| Frequency | Usage                     |
|-----------|---------------------------|
| 122.9000  | UNICOM (Air Medical Only) |

## Fredericksburg

### Robbie Campbell Memorial Airfield Airport 4VG8

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Fredericksburg

### Shannon Airport KEZF

| Frequency | Usage                         |
|-----------|-------------------------------|
| 122.8000  | UNICOM                        |
| 128.1250  | WX AWOS-3                     |
| 135.0750  | NYG GCO                       |
| 127.0500  | NYG App/Dep                   |
| 290.3750  | NYG App/Dep                   |
| 128.5250  | PCT App/Dep (When NYG Closed) |
| 306.9250  | PCT App/Dep (When NYG Closed) |

## Front Royal

### Front Royal-Warren County Airport KFRR

| Frequency | Usage  |
|-----------|--------|
| 123.0000  | UNICOM |

|          |             |
|----------|-------------|
| 121.8500 | WX AWOS-3   |
| 120.4500 | PCT App/Dep |

## Galax Hillsville

### Twin County Airport KHLX

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.3750  | WX AWOS-3   |
| 126.0000  | ROA App/Dep |
| 339.8000  | ROA App/Dep |

## Gordonsville

### Gordonsville Municipal Airport KGVE

| Frequency | Usage                  |
|-----------|------------------------|
| 123.0000  | UNICOM                 |
| 120.2250  | WX AWOS-3              |
| 122.1000  | JYO App/Dep (Receive)  |
| 115.6000  | JYO App/Dep (Transmit) |
| 132.8500  | PCT App/Dep            |
| 323.1250  | PCT App/Dep            |

## Hampton

### Joint Base Langley-Eustis KLFJ (Chart)

| Frequency | Usage  |
|-----------|--------|
| 125.0000  | Tower  |
| 236.6000  | Tower  |
| 253.5000  | Tower  |
| 121.7000  | Ground |

|          |                       |
|----------|-----------------------|
| 275.8000 | Ground                |
| 253.2000 | Big Eye Blue Discrete |
| 351.0000 | Bull Operations       |
| 335.9500 | Darkstar E3B Discrete |
| 357.1000 | Iron Operations       |
| 123.3750 | NASA Ops              |
| 310.4000 | NASA Ops              |
| 376.2000 | PTD                   |
| 287.4500 | Raymond 16            |
| 384.7000 | SOF                   |
| 239.8000 | PMSV METRO            |
| 271.8000 | Weather               |
| 317.8000 | 1st FW A2A            |
| 319.3250 | 1st FW A2A            |
| 225.6500 | 1st FW A2A            |
| 228.1750 | 1st FW A2A            |
| 228.4500 | 1st FW A2A            |
| 233.5250 | 1st FW A2A            |
| 236.0250 | 1st FW A2A            |
| 238.8250 | 1st FW A2A            |
| 252.7750 | 1st FW A2A            |
| 254.2000 | 1st FW A2A            |
| 257.0750 | 1st FW A2A            |
| 262.0250 | 1st FW A2A            |
| 276.6750 | 1st FW A2A            |
| 285.1500 | 1st FW A2A            |
| 296.2000 | 1st FW A2A            |
| 315.8500 | 1st FW A2A            |
| 358.8500 | 1st FW A2A            |

|          |                     |
|----------|---------------------|
| 359.2250 | 1st FW A2A          |
| 360.1500 | 1st FW A2A          |
| 363.9000 | 1st FW A2A          |
| 381.1000 | 1st FW A2A          |
| 381.8000 | 1st FW A2A          |
| 383.9000 | 1st FW A2A          |
| 389.1000 | 1st FW A2A          |
| 251.2500 | 1st FW Command Post |
| 344.8000 | 1st FW Command Post |
| 141.7500 | 1st FW Dispatch     |
| 142.3000 | 1st FW PTD          |
| 383.2000 | 1st FW SOF          |
| 364.1250 | 1st FW SPAD Ops     |
| 341.8000 | 1st FW/27th FS Ops  |
| 118.8500 | Clearance           |
| 257.6250 | Clearance           |
| 270.1000 | ATIS                |
| 120.3000 | Radar               |
| 127.6000 | Radar               |
| 284.0000 | Radar               |
| 295.7000 | Radar               |
| 390.8000 | Radar               |
| 122.9000 | Approach            |
| 395.0000 | Approach            |
| 271.3000 | Departure           |
| 335.6250 | ORF App/Dep         |
| 126.0500 | ORF App/Dep NE-E    |
| 124.9000 | ORF App/Dep NW-NE   |
| 125.7000 | ORF App/Dep NW-NE   |

|          |                  |
|----------|------------------|
| 127.9000 | ORF App/Dep S-NW |
| 269.4250 | ORF App/Dep S-NW |

## Holland

### Grasso Salvage Airport 62VA

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

## Hot Springs

### Bath Community Hospital Heliport 47VG

| Frequency | Usage                     |
|-----------|---------------------------|
| 123.0000  | UNICOM (Air Medical Only) |

## Hot Springs

### Ingalls Field Airport KHSP

| Frequency | Usage       |
|-----------|-------------|
| 123.0000  | UNICOM      |
| 118.8000  | WX AWOS-3   |
| 134.4000  | ZDC App/Dep |
| 353.9000  | ZDC App/Dep |

## Jonesville

### Lee County Airport 0VG

| Frequency | Usage       |
|-----------|-------------|
| 122.9000  | UNICOM      |
| 120.1250  | WX AWOS-3   |
| 127.5500  | ATL App/Dep |
| 269.5000  | ATL App/Dep |



## Kenbridge

### Lunenburg County Airport W31

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 123.8750  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## Laurel Fork

### Nester Funny Farm Airport VG31

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Lawrenceville

### Brunswick County Airport KLVV

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.6250  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## Leesburg

### Inova Loudoun Hospital Heliport 34VA

| Frequency | Usage                     |
|-----------|---------------------------|
| 122.8000  | UNICOM (Air Medical Only) |

## Leesburg

### Leesburg Executive Airport KJYO (Chart)

| Frequency | Usage                         |
|-----------|-------------------------------|
| 127.5000  | Tower (0900-1900)             |
| 122.9750  | UNICOM                        |
| 120.5000  | Ground (0900-1900)            |
| 131.2000  | FBO Kuhn Jet Center           |
| 118.5500  | Clearance (When Tower Closed) |
| 125.2250  | WX AWOS-3                     |
| 125.0500  | PCT App/Dep                   |
| 338.2500  | PCT App/Dep                   |

### Long Island

#### Long Island Airport 7VA5

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

### Louisa

#### Louisa County Airport/Freeman Field KLUU

| Frequency | Usage       |
|-----------|-------------|
| 122.9750  | UNICOM      |
| 119.4750  | WX AWOS-3   |
| 120.5250  | PCT App/Dep |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

### Lovington

#### Faber Airport VA96

| Frequency | Usage |
|-----------|-------|
|-----------|-------|

|          |        |
|----------|--------|
| 122.7000 | UNICOM |
|----------|--------|

## Luray

### Luray Caverns Airport KLUA

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.2750  | WX AWOS-3   |
| 133.2000  | ZDC App/Dep |
| 282.2000  | ZDC App/Dep |

## Lynchburg

### Falwell Airport W24

| Frequency | Usage         |
|-----------|---------------|
| 123.0000  | UNICOM        |
| 125.4750  | ROA App/Dep E |
| 135.0000  | ROA App/Dep W |
| 254.3250  | ROA App/Dep   |

## Lynchburg

### Lynchburg Regional Airport/Preston Glenn Field KLYH (Chart)

| Frequency | Usage                |
|-----------|----------------------|
| 127.6500  | Tower (0630-2230)    |
| 257.8000  | Tower (0630-2230)    |
| 122.9500  | UNICOM               |
| 121.9000  | Ground (0630-2230)   |
| 122.9500  | FBO Freedom Aviation |
| 119.8000  | ATIS                 |
| 125.4750  | ROA App/Dep E        |

|          |               |
|----------|---------------|
| 135.0000 | ROA App/Dep W |
| 254.3250 | ROA App/Dep   |

## Marion

### Mountain Empire Airport KMKJ

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 123.8750  | WX AWOS-3   |
| 127.8500  | ATL App/Dep |
| 269.3000  | ATL App/Dep |

## Martinsville

### Blue Ridge Airport KMTV

| Frequency | Usage          |
|-----------|----------------|
| 122.7000  | UNICOM         |
| 122.7000  | FBO Blue Ridge |
| 124.8500  | Clearance      |
| 118.4500  | WX AWOS-3      |
| 124.3500  | GSO App/Dep    |
| 269.2250  | GSO App/Dep    |

## Martinsville

### Coopers Mountain Heliport 77VA

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Melfa

### Accomack County Airport KMFV

| Frequency | Usage                         |
|-----------|-------------------------------|
| 122.8000  | UNICOM                        |
| 118.1750  | WX AWOS-3                     |
| 127.9500  | NHK App/Dep                   |
| 314.0000  | NHK App/Dep                   |
| 127.2000  | PCT App/Dep (When NHK Closed) |
| 281.4750  | PCT App/Dep (When NHK Closed) |

## Midlothian

### Bon Secours St. Francis Medical Center Heliport VG68

| Frequency | Usage                       |
|-----------|-----------------------------|
| 122.9000  | UNICOM (Air Ambulance Only) |

## Moneta

### Smith Mountain Lake Airport W91

| Frequency | Usage       |
|-----------|-------------|
| 122.9750  | UNICOM      |
| 135.0000  | ROA App/Dep |
| 254.3250  | ROA App/Dep |

## Nellysford

### Rockfish Airport VG22

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## New Church

### Sawyer Airport VG19

| Frequency | Usage |
|-----------|-------|
|-----------|-------|

|          |        |
|----------|--------|
| 122.8000 | UNICOM |
|----------|--------|

## New Market

### New Market Airport 8W2

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.1750  | WX AWOS-3   |
| 133.2000  | ZDC App/Dep |
| 282.2000  | ZDC App/Dep |

## Newport News

### Newport News/Williamsburg International Airport KPHF (Chart)

| Frequency | Usage                 |
|-----------|-----------------------|
| 118.7000  | Tower                 |
| 257.9000  | Tower                 |
| 348.6000  | Tower                 |
| 122.9500  | UNICOM                |
| 121.9000  | Ground                |
| 345.6000  | Ground                |
| 122.9500  | FBO Atlantic Aviation |
| 122.9500  | FBO Rick Aviation     |
| 121.6500  | Clearance             |
| 225.4000  | Clearance             |
| 128.6500  | ATIS                  |
| 125.7000  | ORF Approach          |
| 124.9000  | ORF Departure         |
| 335.6250  | ORF App/Dep           |

## Norfolk

### Chesapeake Regional Airport KCPK

| Frequency | Usage                         |
|-----------|-------------------------------|
| 123.0750  | UNICOM                        |
| 123.6750  | WX AWOS-3                     |
| 123.0750  | FBO Horizon Aviation Services |
| 135.0750  | ORF GCO                       |
| 118.9000  | ORF App/Dep                   |
| 125.2000  | ORF App/Dep                   |
| 353.7000  | ORF App/Dep                   |

### Norfolk

#### COMLANTFLT Heliport KNCL

| Frequency | Usage  |
|-----------|--------|
| 126.2000  | UNICOM |

### Norfolk

#### Hampton Roads Executive Airport KPVG

| Frequency | Usage       |
|-----------|-------------|
| 122.7250  | UNICOM      |
| 118.3750  | WX AWOS-3PT |
| 118.9000  | ORF App/Dep |
| 125.2000  | ORF App/Dep |
| 353.7000  | ORF App/Dep |

### Norfolk

#### Norfolk International Airport KORF (Chart)

| Frequency | Usage |
|-----------|-------|
| 120.8000  | Tower |

|          |                        |
|----------|------------------------|
| 257.8000 | Tower                  |
| 121.9000 | Ground                 |
| 130.5750 | FBO Signature Aviation |
| 130.4750 | Southwestern Airlines  |
| 118.5000 | Clearance              |
| 127.1500 | ATIS                   |
| 119.6000 | Radar                  |
| 124.8250 | Radar                  |
| 266.8000 | Radar                  |
| 288.3000 | Radar                  |
| 126.0500 | App/Dep                |
| 127.9000 | App/Dep                |
| 360.6000 | App/Dep                |
| 370.9250 | App/Dep                |
| 118.9000 | Approach               |
| 335.6250 | Approach               |
| 353.7000 | Approach               |
| 125.2000 | Departure              |
| 363.1250 | Departure              |
| 379.1000 | Departure              |

## Norfolk

### Norfolk Naval Station KNGU (Chart)

| Frequency | Usage            |
|-----------|------------------|
| 124.3000  | Tower            |
| 126.3750  | Tower            |
| 290.5000  | Tower            |
| 379.1500  | Tower            |
| 279.6000  | Helicopter Tower |



|          |                           |
|----------|---------------------------|
| 297.5000 | Helicopter Tower          |
| 121.8000 | Ground                    |
| 298.9500 | Ground                    |
| 370.8500 | Ground                    |
| 298.9500 | Helicopter Ground         |
| 130.6500 | AMC/ATOC                  |
| 349.5000 | AMC/ATOC                  |
| 126.2000 | Base Ops                  |
| 131.5250 | Base Ops                  |
| 268.8000 | Base Ops/VIP Notification |
| 271.6000 | PMSV METRO                |
| 120.7000 | Clearance                 |
| 339.8000 | Clearance                 |
| 118.4250 | ATIS                      |
| 338.2250 | ATIS                      |
| 118.9000 | ORF Approach NE-NW        |
| 273.4750 | ORF Approach NE-NW        |
| 125.7000 | ORF App/Dep NW-NE         |
| 335.6250 | ORF App/Dep NW-NE         |
| 363.1250 | ORF Departure             |
| 119.2000 | Radar                     |
| 120.2000 | Radar                     |
| 134.1000 | Radar                     |
| 263.6000 | Radar                     |
| 279.5250 | Radar                     |
| 302.0000 | Radar                     |
| 309.2000 | Radar                     |
| 322.5250 | Radar                     |
| 335.8000 | Radar                     |

|          |       |
|----------|-------|
| 346.8000 | Radar |
|----------|-------|

## Norfolk

### Sentara Norfolk General Hospital Heliport VA88

| Frequency | Usage                       |
|-----------|-----------------------------|
| 123.0500  | UNICOM (Air Ambulance Only) |

## Orange

### Orange County Airport KOMH

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 118.0750  | WX AWOS-3   |
| 120.5250  | PCT App/Dep |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

## Painter

### Painter Field Airport VA20

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

## Petersburg

### Tri Cities Executive/Dinwiddie County Airport KPTB

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 133.3250  | WX AWOS-3   |
| 135.0700  | PCT GCO     |
| 126.7500  | PCT App/Dep |

|          |             |
|----------|-------------|
| 307.2000 | PCT App/Dep |
|----------|-------------|

## Portsmouth

### Coastal Seaplanes Downtown Seaplane Base VA26

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Powhatan

### Plainview Airport VA94

| Frequency | Usage  |
|-----------|--------|
| 122.8000  | UNICOM |

## Quantico

### Quantico Marine Corps Air Field KNYG (Chart)

| Frequency | Usage                                      |
|-----------|--------------------------------------------|
| 118.6000  | Tower                                      |
| 360.2000  | Tower                                      |
| 121.7500  | Ground                                     |
| 340.2000  | Ground                                     |
| 318.9000  | HMX-1 Ch. 01 Base                          |
| 340.1000  | HMX-1 Ch. 02 MCB Quantico Ground           |
| 127.0500  | HMX-1 Ch. 03 MCB Quantico Approach         |
| 360.2000  | HMX-1 Ch. 04 MCB Quantico Tower            |
| 229.4000  | HMX-1 Ch. 05 Reagan National Airport       |
| 257.6000  | HMX-1 Ch. 06 Reagan National Airport       |
| 349.0000  | HMX-1 Ch. 07 Andrews Air Force Base Tower  |
| 275.8000  | HMX-1 Ch. 08 Andrews Air Force Base Ground |
| 231.3000  | HMX-1 Ch. 09 Pentagon Army Heliport Tower  |

|          |                                                            |
|----------|------------------------------------------------------------|
| 375.0000 | HMX-1 Ch. 10 Navy Heliport Anacostia                       |
| 344.6000 | HMX-1 Ch. 11 Andrews Air Force Base Metro                  |
| 335.5000 | HMX-1 Ch. 12 Andrews Air Force Base Radar                  |
| 378.1000 | HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post   |
| 267.6000 | HMX-1 Ch. 14 National Naval Medical Center (Bethesda)      |
| 277.1750 | HMX-1 Ch. 15 Control                                       |
| 273.9500 | HMX-1 Ch. 16 Outside Beltway                               |
| 348.6000 | HMX-1 Ch. 17 Dulles International Airport Tower            |
| 290.4750 | HMX-1 Ch. 18 Potomac TRACON Approach (BWI)                 |
| 257.8000 | HMX-1 Ch. 19 KBWI Tower                                    |
| 268.0000 | HMX-1 Ch. 20 White House                                   |
| 305.8000 | HMX-1 Ch. 21 Sikorsky Heliport                             |
| 381.8000 | HMX-1 Ch. 22 Coast Guard Air Station New York              |
| 241.0000 | HMX-1 Ch. 23 FEMA Mount Weather                            |
| 236.3000 | HMX-1 Ch. 24 Royal Flush                                   |
| 290.3750 | HMX-1 Ch. 25 MCB Quantico Approach                         |
| 118.6000 | HMX-1 Ch. 26 MCB Quantico Tower                            |
| 126.3000 | HMX-1 Ch. 27 Reagan National Airport Tower                 |
| 134.3500 | HMX-1 Ch. 28 Reagan National Airport Tower                 |
| 118.4000 | HMX-1 Ch. 29 Andrews Air Force Base Tower                  |
| 121.8000 | HMX-1 Ch. 30 Andrews Air Force Base Ground                 |
| 119.3000 | HMX-1 Ch. 31 Potomac TRACON ADWAR sector (Reagan National) |
| 143.1000 | HMX-1 Ch. 32 Pentagon Army Heliport Tower                  |
| 119.1000 | HMX-1 Ch. 33 Reagan National Airport Tower                 |
| 132.6500 | HMX-1 Ch. 34 Reagan National Airport ATIS                  |
| 142.7500 | HMX-1 Ch. 35 Nighthawk                                     |
| 120.1000 | HMX-1 Ch. 36 Dulles International Airport Tower            |
| 119.7000 | HMX-1 Ch. 37 Potomac TRACON Approach (BWI)                 |
| 123.0500 | HMX-1 Ch. 38 Washington Hospital Center MedSTAR            |

|          |                                              |
|----------|----------------------------------------------|
| 126.2000 | HMX-1 Ch. 39 FEMA Mount Weather              |
| 263.1500 | HMX-1 Ch. 40 MCB Quantico ATIS               |
| 30.1500  | HMX-1 Ch. 41 Base                            |
| 41.9500  | HMX-1 Ch. 42 MCB Quantico Tower              |
| 34.3500  | HMX-1 Ch. 43 Navy Heliport Anacostia         |
| 38.7000  | HMX-1 Ch. 44 MCB Quantico Range Control      |
| 41.0000  | HMX-1 Ch. 45 Walter Reed Army Medical Center |
| 41.1000  | HMX-1 Ch. 46 Sikorsky Heliport               |
| 40.1000  | A2A                                          |
| 351.9500 | A2A SFA                                      |
| 353.6500 | A2A SFA                                      |
| 363.1500 | A2A SFA                                      |
| 120.9250 | A2A SFA                                      |
| 355.3000 | Base Ops                                     |
| 355.3000 | PMSV METRO                                   |
| 143.8250 | Discrete                                     |
| 328.4000 | Range Control                                |
| 263.1500 | ATIS                                         |
| 127.0500 | PCT App/Dep                                  |
| 290.3750 | PCT App/Dep                                  |
| 128.5250 | App/Dep (When NYG Closed)                    |
| 306.9250 | App/Dep (When NYG Closed)                    |

## Quinton

### New Kent County Airport W96

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.8750  | WX AWOS-3   |
| 126.4000  | PCT App/Dep |

## Richlands

### Tazewell County Airport KJFZ

| Frequency | Usage       |
|-----------|-------------|
| 123.0500  | UNICOM      |
| 118.0750  | WX AWOS-3   |
| 135.0750  | ATL GCO     |
| 127.8500  | ATL App/Dep |
| 269.3000  | ATL App/Dep |

## Richmond

### Hanover County Municipal Airport KOFP

| Frequency | Usage                    |
|-----------|--------------------------|
| 122.7000  | UNICOM                   |
| 122.7000  | FBO HOVA Flight Services |
| 125.4000  | Clearance                |
| 119.0250  | WX ASOS                  |
| 118.2000  | PCT App/Dep              |
| 307.2000  | PCT App/Dep              |
| 126.4000  | PCT App/Dep N-S          |
| 126.7500  | PCT App/Dep S-N          |

## Richmond

### Richmond Executive-Chesterfield County Airport KFCI

| Frequency | Usage                         |
|-----------|-------------------------------|
| 123.0500  | UNICOM                        |
| 123.0500  | FBO Dominion Aviation Service |
| 124.6000  | Clearance                     |

|          |             |
|----------|-------------|
| 128.6250 | WX AWOS-3PT |
| 118.2000 | PCT App/Dep |
| 126.7500 | PCT App/Dep |
| 288.2750 | PCT App/Dep |
| 307.2000 | PCT App/Dep |

## Richmond

### Richmond International Airport KRIC (Chart)

| Frequency | Usage                   |
|-----------|-------------------------|
| 121.1000  | Tower                   |
| 257.8000  | Tower                   |
| 122.9500  | UNICOM                  |
| 121.9000  | Ground                  |
| 348.6000  | Ground                  |
| 130.3000  | FBO Million Air         |
| 131.4250  | FBO Richmond Jet Center |
| 41.5250   | ArNG Ops                |
| 142.1250  | ArNG Ops                |
| 365.9500  | ArNG Ops                |
| 127.5500  | Clearance               |
| 348.6000  | Clearance               |
| 119.1500  | ATIS                    |
| 263.0250  | ATIS                    |
| 126.4000  | PCT App/Dep N-S         |
| 282.3750  | PCT App/Dep N-S         |
| 126.7500  | PCT App/Dep S-N         |
| 307.2000  | PCT App/Dep S-N         |
| 118.2000  | PCT Approach            |
| 288.2750  | PCT Final               |

## Richmond

### Saunders Field Airport 9VA6

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Richmond

### VCU Health System Hospital Heliport VG45

| Frequency | Usage                       |
|-----------|-----------------------------|
| 123.0750  | UNIDEN (Air Ambulance Only) |

## Roanoke

### Roanoke-Blackburg Regional Airport/Woodrum Field KROA (Chart)

| Frequency | Usage                  |
|-----------|------------------------|
| 118.3000  | Tower                  |
| 257.8000  | Tower                  |
| 122.9500  | UNICOM                 |
| 121.9000  | Ground                 |
| 257.8000  | Ground                 |
| 130.5750  | FBO Signature Aviation |
| 119.7000  | Clearance              |
| 132.3750  | ATIS                   |
| 118.1500  | App/Dep                |
| 126.9000  | App/Dep                |
| 339.8000  | App/Dep                |

## Saluda

### Hummel Field Airport W75



| Frequency | Usage       |
|-----------|-------------|
| 123.0000  | UNICOM      |
| 118.4500  | WX AWOS-3   |
| 126.0500  | ORF App/Dep |
| 370.9250  | ORF App/Dep |

## South Boston

### William Tuck Airport W78

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 119.4250  | WX AWOS-3   |
| 124.0500  | ZDC App/Dep |
| 352.0000  | ZDC App/Dep |

## South Hill

### Mecklenburg-Brunswick Regional Airport KAVC

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 127.5250  | WX AWOS-3   |
| 118.7500  | ZDC App/Dep |
| 377.1000  | ZDC App/Dep |

## St. Petersburg

### Fort Gregg-Adams Army Heliport VA39

| Frequency | Usage   |
|-----------|---------|
| 126.2000  | UNICOM  |
| 126.7500  | App/Dep |
| 307.2000  | App/Dep |

## Stafford

### Stafford Regional Airport KRMN

| Frequency | Usage                         |
|-----------|-------------------------------|
| 122.7250  | UNICOM                        |
| 126.3250  | WX AWOS-3                     |
| 127.0500  | NYG App/Dep                   |
| 290.3750  | NYG App/Dep                   |
| 135.0750  | NYG GCO                       |
| 128.5250  | PCT App/Dep (When NYG Closed) |
| 306.9250  | PCT App/Dep (When NYG Closed) |

## Stuart

### Micro Airport 1VA1

| Frequency | Usage       |
|-----------|-------------|
| 122.8500  | UNICOM      |
| 126.0000  | ROA App/Dep |
| 339.8000  | ROA App/Dep |

## Suffolk

### Suffolk Executive Airport KSFQ

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 119.3750  | WX AWOS-3   |
| 127.9000  | ORF App/Dep |
| 269.4250  | ORF App/Dep |

## Tangier

### **Tangier Island Airport KTGI**

| <b>Frequency</b> | <b>Usage</b>                  |
|------------------|-------------------------------|
| 122.8000         | UNICOM                        |
| 119.8000         | WX AWOS-3                     |
| 121.0000         | NHK App/Dep                   |
| 250.3000         | NHK App/Dep                   |
| 127.2000         | PCT App/Dep (When NHK Closed) |
| 281.4750         | PCT App/Dep (When NHK Closed) |

### **Tappahannock**

#### **Doves Nest Field Airport VA89**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.9000         | UNICOM       |

### **Tappahannock**

#### **Tappahannock/Essex County Airport KXSA**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.8000         | UNICOM       |
| 125.7750         | WX AWOS-3    |
| 126.4000         | PCT App/Dep  |
| 282.3750         | PCT App/Dep  |

### **Upperville**

#### **Upperville Airport 2VG2**

| <b>Frequency</b> | <b>Usage</b> |
|------------------|--------------|
| 122.7250         | UNICOM       |

### **Virginia Beach**

### Oceana Naval Air Station KNTU (Chart)

| Frequency | Usage      |
|-----------|------------|
| 127.0750  | Tower      |
| 340.2000  | Tower      |
| 360.2000  | Tower      |
| 119.6000  | Ground     |
| 336.4000  | Ground     |
| 284.9000  | Base Ops   |
| 289.4000  | Base Ops   |
| 387.4000  | PMSV METRO |
| 254.4000  | Clearance  |
| 317.6000  | ATIS       |
| 288.3000  | SFA        |
| 328.4000  | SFA        |
| 346.4000  | SFA        |
| 348.7500  | SFA        |
| 352.1000  | SFA        |
| 363.1000  | SFA        |
| 123.9000  | Approach   |
| 266.8000  | Approach   |

### Wakefield

#### Wakefield Municipal Airport KAKQ

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 128.3250  | WX ASOS     |
| 127.9000  | ORF App/Dep |
| 269.4250  | ORF App/Dep |

## Wallops Island

### Wallops Flight Facility Airport KWAL (Chart)

| Frequency | Usage                         |
|-----------|-------------------------------|
| 126.5000  | Tower                         |
| 306.9750  | Tower                         |
| 127.8750  | Ground                        |
| 269.3250  | Ground                        |
| 119.1750  | ASOS                          |
| 127.2000  | NHK App/Dep                   |
| 121.7000  | NHK App/Dep                   |
| 127.2000  | PCT App/Dep (When PAX Closet) |
| 281.4750  | PCT App/Dep (When PAX Closet) |

## Warrenton

### Warrenton/Fauquier Airport KHWY

| Frequency | Usage       |
|-----------|-------------|
| 122.7000  | UNICOM      |
| 120.3500  | WX AWOS-3   |
| 128.5250  | PCT App/Dep |
| 306.9250  | PCT App/Dep |

## Warsaw

### Bill Davenport Memorial Airport 3VA4

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Waynesboro

### Eagle's Nest Airport W13

| Frequency | Usage       |
|-----------|-------------|
| 123.0500  | UNICOM      |
| 118.6250  | WX AWOS-3PT |
| 132.8500  | PCT App/Dep |
| 323.1250  | PCT App/Dep |

## Weirwood

### Campbell Field Airport 9VG

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## West Point

### Middle Peninsula Regional Airport KFYJ

| Frequency | Usage       |
|-----------|-------------|
| 123.0000  | UNICOM      |
| 132.8250  | WX AWOS-3   |
| 126.4000  | PCT App/Dep |
| 126.7500  | PCT App/Dep |
| 282.3750  | PCT App/Dep |
| 307.2000  | PCT App/Dep |

## Weyers Cave

### Shenandoah Valley Regional Airport KSHD (Chart)

| Frequency | Usage              |
|-----------|--------------------|
| 123.0000  | UNICOM             |
| 118.3500  | Clearance          |
| 115.3000  | JYO GCO (Transmit) |
| 122.1000  | JYO GCO (Receive)  |

|          |             |
|----------|-------------|
| 124.9250 | WX AWOS-3   |
| 132.8500 | PCT App/Dep |
| 323.1250 | PCT App/Dep |

## Williamsburg

### Williamsburg/Jamestown Airport KJGG

| Frequency | Usage       |
|-----------|-------------|
| 122.8000  | UNICOM      |
| 120.6250  | WX AWOS-3   |
| 135.0750  | ORF GCO     |
| 119.4500  | ORF App/Dep |
| 360.6000  | ORF App/Dep |

## Winchester

### Winchester Regional Airport KOKV

| Frequency | Usage       |
|-----------|-------------|
| 122.9750  | UNICOM      |
| 126.1500  | Clearance   |
| 124.8500  | WX AWOS-3   |
| 120.4500  | PCT App/Dep |
| 306.9250  | PCT App/Dep |

## Wise

### Lonesome Pine Airport KLNP

| Frequency | Usage       |
|-----------|-------------|
| 123.0000  | UNICOM      |
| 118.6000  | WX AWOS-3   |
| 126.5750  | IND App/Dep |

|          |             |
|----------|-------------|
| 257.8500 | IND App/Dep |
|----------|-------------|

## Yorktown

### Coastal Seaplanes Yorktown Seaplane Base VA34

| Frequency | Usage  |
|-----------|--------|
| 122.9000  | UNICOM |

## Yorktown

### Naval Weapons Station Helipad KNCY

| Frequency | Usage        |
|-----------|--------------|
| 236.2000  | ORF Advisory |
| 344.4000  | ORF Advisory |